

▶ The
COMPILE 

KEYS TO RUNNING SMOOTHLY THROUGH LIFE

IMAERUAKA N.J



e-book

THE COMPILE

(RUNNING SMOOTHLY THROUGH LIFE)

FEATURING VARIOUS UNIQUE ARTICLES ON LIFESTYLE, RANGING FROM PARENTING, RELATIONSHIP, PERSONAL DEVELOPMENT AND THE MOTIVATIONAL.

Dedication

I dedicate this book to God Almighty and our blessed Mother Mary, for their unending efforts in drawing me close to themselves and wisdom through various means of inspiration.

Acknowledgement

I wish to thank Microsoft for providing Microsoft-word, which served as a means to enable me document this piece, with maximum support to ensure the use of proper English and eliminating all forms of error.

I also wish to thank Amazon for providing a wonderful platform known as kindle direct publish (kdp), which helped me in ensuring this book is been published and made available for sale online as an eBook and also as paperback.

Preface

The Author after several years and time spent in writing various articles covering personal development, as this articles became so much, there came a need to bundle them up into a book.

This book houses all articles the Author have written, exposing all he has learnt over time.

Introduction

'The Compile-Running Smoothly Through Life' - is a book which has span revolving around life-style, ranging from parenting, business, personal development, relationship and of course the motivational.

With this book, you would be shocked about the knowledge you have greatly be missing out in. The reason being that it exposes new and helpful ideas for our various life-styles, a rear of its kind, to ensure smooth running's through life.

And if you haven't gifted anyone within a long period of time, I bet after going through this book, you would consider it for gifting people especially friends and family. For it holds much value due to its wide range of knowledge.

Thanks as you read through.

Table of content

A. Inspirational/success tips (Business Category)

Marketing strategy	9
The secret-making everyone a marketer for your product	11
Marketing-why you should love it	13
Marketing-owning your business	15
Marketing-all you need to know	17
The link; be your business	19
The right timing	21
The joy legit cash gives	22

B. Inspirational/success tips(General Category)

Finding your joy	25
The price we must pay for success	27
The game changer; patience	29
Friendship-your smile	30
Your dreams; your vision	31
Your source	32
Africa wake up from your sleeps	33
Consistency-tricks to help you remain consistent	36
How far are you to success	40
The price you must pay for success	41

Success; stand out and you'll be a success	44
The only human that can help you, is yourself	46
Every happenings around you is for a purpose	51
Everything good you desire, can be gotten	54
Ruling over yourself, a way forward to reaching success	57
Achievements – your worth the best encouragement	61
C. Relationship	
Ways to make a long distance relationship work	66
Top factors that diminishes love	68
Sexual dissatisfaction	72
Having a side lover and poly-amorous relationship	75
Signs your kid sister is in love	76
Things that gets ladies attracted to guys	78
D. Parenting	
Reasons why your child will always lie to you	81
Quenching stubbornness among children	83
Ways to better your kids towards greatness	84
E. Personal development	
You will remain poor if you don't love problems	89

The right track finding your joy	92
Talent above all	97
The greatest confusion among youths	98
The peal called happiness	101
Monday's motivation	103
Powers beyond powers	108
Quenching your temper	112
Beauty and its uniqueness	114
Drawing positivity from death	116

Self-Discovery

Self discovery has to do with knowing who you truly are. Most people don't know themselves. They don't know or understand the substances that they are made of, they don't have an idea of the power they possess and this can really be bad.

You can't manifest efficiently when you don't recognize who you truly are and what substances you are made of.

How then will you know your limits if you know nothing about your making and composition?

How do you explore your abilities when you don't know what you are capable of doing and you don't understand your human abilities.

The root and basics for success is self discovery - Knowing yourself to some extent. That should be the first set of knowledge to be immersed in your brain before anything else. It's never too late to discover yourself.

Did anyone tell you that you're a god?

Do you know you're unique and no one living or dead is like you?

Do you know how cute you are?

Do you know you are a royalty?

Do you know how perfect you are?

Do you know you have got the powers to get what you want?

Do you know you live in the very expectancy of the best and only the best comes to you?

Do you know you're unstoppable?

Do you know you're a success from birth?

Do you know you have the powers to rule and influence the world?

Do you know how great you are?

Do you know you're a champion?

There's a power inside of you that you can only discover when you are truly alone. Yes, this is a call for you to discover yourself. When you can achieve this feat, then you have taken the first step to success, to enable you get what so ever you want.

Developing The Mind – Having A Money Making Mindset

Your mind is you. How do you think? How are your thoughts wired towards money? Are you part of those who believe money can be made or many who have no gut to attract money with the way they think?

Many feel money is the root of evil. But I tell you, you must like money to attract more money. You must be hungry to get more money before money comes to you.

Your thought is your world. Whatever the mind can conceive, it can achieve. If you can't feel yourself having the amount of money you so desire, then you can't get it. It all starts with the mind. You have to take the mind there - to whatsoever state you want to see yourself, then reality follows.

How you think changes everything. It differentiates the poor from the rich and the rich from the wealthy. Your mind is the architect of the world you're having now and that to come. How well are you designing them? Are your thoughts negative or positive?

It's natural for your mind to harbor negative thoughts - weeds always grow in cracks, it takes no effort to have them grow. But it requires a lot of effort and taming to see a rose flower grow. Your mind is like a garden. If you don't plant flowers, weeds will grow without your consent. Negative thoughts occupies the mind naturally which is like a vacuum when you fail to fill them with positive thoughts.

So, it requires a lot of effort to throw your mind into a positive side.

What you think is who you are. If you think you're wealthy, recognizing all your gifts and achievements, you will be sending a positive vibration of energy which your reality in the future must react to until you achieve the state of your mind.

Thinking and feeling yourself to be rich and wealthy, even when you know deep down that you aren't, can be difficult. The reality is, if you do what is hard, your life is going to be easy and if you do what is easy, your life is going to be hard.

So you must take that bold step, you must learn to control the mind. Tell your mind to be calm, set the mind down, be the master of your mind, and tell it what to think. Don't let your body control your mind, instead let your mind control your body.

You don't need to worry about the how, how is it all going to happen? How will I get this or that, how will I achieve this or that. Forget about the how, it will definitely come or roll out, as long as the first step of thinking and feeling what you want is already there with you is properly achieved.

Learn to use affirmation; they help in the thinking process. Look at yourself and tell yourself you're big, you are rich; lack got no business with you. With the right affirmations, your mind can easily be thrown into a thought that makes it more convenient to feel how it would look like to be what is been thought.

You don't want to give a negative signal to your future, for you don't want to be poor. Thinking and having a money making mindset is one of the basic principles of acquiring money.

Setting Goal And Proper Time Management

You are broke when you don't have goals. When you don't have goals, there's nothing to be achieved and nothing to add value to and when you cease adding value, you stop making money.

You must learn how to set goals and achieve them if you truly want to make money and get to the door of success. Setting goals goes hand in hand with proper time management. If you don't manage your time properly, your goals can't be achieved. So there must be consideration of time management to achieve set goals easily.

You should ask yourself - what kind of future you really want? What do i wish to achieve? What kind of life do I want to live 10-15 years from now?

You should start seeing the pictures and be able to structure out specific goals. If your goals aren't specific, then it becomes more confusing and difficult to achieve. Telling yourself you need to earn more in the next 10years is different from telling yourself you want to increase your net worth by 10% which will amount to \$1million.

The more specific your goals are, the easier it can be achieved if proper time management is glued to it.

No one can over emphasize on how important time is and the need to be managed properly. Time is the only gift of life all humans have as same. Everyone have got 24hours each day to act upon. Nothing more and nothing less.

The big guys in the society set their goals often and manage their time properly. That's just the simple action the rich take that the poor don't and they reason why they don't is practically unknown.

Sometime in life, it feels like everything is coming to steal your time. Yes, they truly are. For they know that's all you got and when stolen from you, you become nothing. Are you wondering how your time is stolen from you? Your time is easily stolen because you've got no goals.

Your goals drive you to set a program you must work with to achieve them. A program which also controls your time and limit the chances of your time being stolen.

A friend comes to take you out for fun, the program tells them, 'hey dear, I'm busy with this project, maybe some other time". If you don't work in line with your program in achieving your goal and managing your time, guess what? You are no different from one who have got no goals. And having no goal simply means having pennies in the bank.

You will go will go broke. You don't need to live on that idea, get a better place for yourself. If there's anything you're going to stop doing in life, that shouldn't be setting goals or managing your time, for these acts will bring your dreams to reality.

Here Is What No One Told You About Problems And being A Solver.

In life, we can't live without facing problems. Problems are essential features of life. They come in different magnitude. One after another, like the waves in the ocean.

Are you supposed to be scared of problems?

Of course not. They would always come, whether you like it or not. Problems are minor challenges man faces in a game called **life**.

Since problems must always come around, what then must you do to become a greater person? The answer is simple. Become a problem solver.

When you learn to be a problem solver, you also become good at the game of life. Greatness becomes very close to you, wealth begins to knock on your door, and success becomes a routine.

How can you become a good problem solver you may ask? It all starts with your mind. The you within.

To become a problem solver, you have to see problems as part of the normal world and not something to weigh you down.

Having a positive mind towards problems, saves. Instead of complaining about problems, an act that won't solve them nor stop more from coming, think of how you can get them solved.

Ask yourself these; then what? What next? What if I do this or that, will this problem be solved? What can I do? What am I missing?

These questions with zeal to solve problems from the mind within, helps the mind reach out to solutions more quickly than mere complaints.

Problems no matter how little or large they may seem, makes you bigger and stronger, they win you awards and buy you promotions.

The more you solve problems, the more complex problems are brought to you to be solved. And the truth is, these tasks

never go unrewarded, helping you masters the craft of solving problems.

Taking a final exam, you get promotion to the next level only when you've successfully passed (solving a problem rightly).

No upgrades without facing challenges...

No getting better without solving problems...

No making of cash...

The better you're at solving problems, the more successful you would become.

Those who shy away from solving problems remain stagnant in life. They see problems as something evil, as a negative thing which isn't meant to be, something which was never meant for them, they want things always simple, but nature herself isn't that simple as she got a mix of complexity.

Everything living on earth must face some form of challenge to get better.

In all we do in life, use these universal tools of achieving and attracting whatsoever you want.

- Say it
- Visualize it
- Feel it
- Take action

When these problems come around, tell yourself you're going to solve them all. It helps you prepare your mind for a task and the more prepared the mind is, the better chances of solving your problems.

See yourself solving those problems. It might not be easy because you know the problems are still facing you. But you must beat that odd and see yourself as solving the problem. In life, if you can't have that vision, you practically can't achieve it. The vision comes first.

Have a feel of what it looks like when your problems are all gone. Throw yourself in that scene and that scene will have no choice but to come to play in real life, as you have reached its frequency. You can't get something until you operate with same frequency as to what you want.

Be on guard. Take all necessary actions to trash your problems and at the end, your actions would produce positive results.

Be that problem solver the world yells for.

Only problems solvers control the world...the power they possess is unimaginable...that can be YOU.

Discipline Yourself – Take Action

You can't get what you want especially money when you aren't discipline. That is when you don't take action. After discovering who you really are and your talent, having money making mindset, the next step to making money in future easily is to discipline yourself. That is taking necessary actions.

After forming the habits of thinking positively in line with your talents, sometimes wonderful ideas will hit you to act on them. What you do with these ideas determines whether or not you're going to be successful or make money.

When you don't discipline yourself to take action on your ideas, when you allow the body to be so weak to work the work your ideas requires, when you leave the doors of procrastination open, then you would remain where you are without changing and you never can get rich that way.

You need to change who you are to get what you want. What you want in life, especially money requires form of change from you. And you never can make that change if you don't take responsibility of your current situation and strive to discipline yourself – taking action.

A billion dollar idea may hit you severally and you may still remain poor, simply because you never disciplined yourself to take action on ideas. The level of discipline you give yourself depends on the level of desire you have burning within you for what you want to get.

You must desire money so much for you to have it. This burning desire would help you discipline yourself and take action when those ideas come – of course, they always come.

But once your level of desire is low, so your level of discipline to a cause is. If you don't desire it much, you become lazy to take action. And only when you take action can something be done. Only when we take action can things change.

Only when you take necessary action can you make money. You must learn to discipline yourself.

The whole phrase is like writing a wonderful book. The idea strikes you someday, probably with a title that can solve a problem. You must be so disciplined to act on this idea. You must first seat yourself down to write the first word, then the first sentence and then the first paragraph if you must complete the book.

By then, you must have successfully taken action on that idea to ensure success. But if you don't discipline yourself to write, maybe an hour or two daily or about 2,000 words daily, you would never finish that book.

Success in life requires some level of discipline. It doesn't just require it, it demands it from you. You must give it out to be successful.

Starting up a business is very necessary, it means you have successfully taken action on an idea, which is great but making money from such business and hitting success demands discipline from you. You need to focus all your attention to discipline yourself better.

You don't just plant a seed and leave it all by itself. Planting is just the first step to succeeding and making money. Taking action is just the first step. There're lots of other things to be done. Discipline comes after taking action.

The ability to set your goals and guide your every action towards achieving that goal is known as discipline. Discipline is a key to success. So don't expect it to be an easy ground.

Discipline will make you give up even what you would naturally love to do because, you desire what you don't have and you have to change yourself to get what you want. Only discipline can help you change.

How Can You Be More Disciplined?

To become disciplined, you must work in line with these two guides;

- Be determined to be disciplined (it has to come from within; your thoughts must have made such resolution).
- Proper time management; time management is really a big one though but see time as life, as all you've got, as a tool to achieve what you want. A disciplined person is one who manages time very well.

To achieve anything in life, there're set rules that guide such movements. These rules must be applied, that is taking necessary actions and the only thing that makes one take an action after a successive action and after another is discipline.

Discipline and actions drive progress in any field. Especially when you are set to hit a goal of making money in the future.

QUESTION

Can you grade yourself as being disciplined?

What actions have you taking, guided by discipline to yield results?

When do you think one should stop being disciplined?

CHALLENGE

Write down what you want to achieve in few weeks, the actions you intent taking and your plan for discipline to guide you.

Inspirational/success tips (business category)

Marketing strategy

You all will agree with me that for a business to experience success, yielding much more income than the marketing sector or unit of such business or company must be as rigid as ever. That is to say, if such unit functions properly, there's a greater tendency of such a business to experience success, since marketing is the heart of all business.

Making contact/ reaching out to people

I wish to let you know that no matter how little your profits maybe on a business, the more people you make contacts with or get involved in consuming whatever product or goods produced, the higher your profits and the chances of making a fortune from such businesses increases rapidly.

How it works (an illustration)

To further clear you of this point, let me take you off the box. Considering the banking industry in Nigeria as a reference, fidelity bank to be precise. Virtually all customers banking with fidelity got or possess a debit card mostly referred to as an automated teller machine card (ATM card).

At the end of every month, a sum of #56 is deducted from an individual customers account for card maintenance, not minding whether it was used or not during that period. This arises to a total deduction of #672 per customer for duration of one year.

So this statistics shows that if fidelity bank got about one million customers, in a year they could boast of earning a profit of #672 million for card maintenance only. Same applies to the #3 deducted for bank alerts and so on. That is simply a practical business strategy/ idea which the bank uses in making money work for them and not the other way round.

The secret: making everyone a marketer for your product

This article exposes a business marketing strategy that is far above that of the bank's strategy in making profit. The biggest opportunity/strategy in making unlimited profit in business is simply by converting every human into a marketer for your product. I will give you an illustration.

Take for instance, I own a company that produces noodles and wish to make the pillars of marketing in my company as firm as ever. What do I do?

I simply put up an advert that shows the general public that everyone is entitled to be a marketer for me, not minding your skills, educational background etc, provided you could communicate to others-you are indeed qualified to claim a slot of being a marketer with benefits.

Furthering my illustration, if the cost of producing a carton of noodles is \$600 and I sell for #1000. Imagine I give out a public offer to all my marketers to claim a profit of #250 for every carton sold. It then means that am left with a profit of #150 for each carton sold.

At first look, it seem like though I have succeeded in making my marketers earn more profit than myself. While on a second look, I have only succeeded in extending my marketing links. So if probably I have got a million marketers, with each making his or her own individual profit, if they all sold a carton of noodles a day-they all are entitled individual to a gain of #250, leaving me with a profit of #150 million.

This is just a little trick of utilizing more marketers to reaching more people- its called division of labor in its most practical form.

Challenges

Utilizing the method of marketing, one is required to rightfully draft out his/her marketers' channels. You have got to understand and master the use of various skills like;

- How marketers are to be registered
- Placing cuts
- Unionism of marketers
- Advantages over disadvantages
- Minimizing risks etc

Marketing - Why You Should Love It

All should love marketing as it provides opportunities which no other business can offer. You did wondering what these opportunities are, just relax and read on as this article will take you through them.

Recalling my favorite quote in marketing "anyone who can talk, can be a good marketer - all needed is acquiring some basic marketing skills and knowledge"

Having the quality as specified from the quote above, why then limiting self?

How Easy Marketing Has Become

In the world of marketing, our communications leads to a built up connections, which in turn tends to yield multiple profits/gains.

If I got a product to market and be assured of \$2,000 profit per each commodity sold through my marketing link, then I should be a happy man. You may ask why? I will throw more lights.

"The more people in contact with product or goods produced, the higher your profits and the chances of making a fortune from such businesses"

I believe we all got friends, relatives, friends of friends, face book friends, whatsapp contact, twitter and instagram followers etc. You may not be able to tell what they all need at a particular time - some will be in need of the product you market.

"Think big of how large your link is; just as you've got friends of friends, so also they got theirs"

As you gist for fun and update each other, your newly marketed product could also be part of the update.

"To make profit from marketing, you need to restructure the mind, viewing friends as more than friends but audience that could help in reaching out to others"

Take for example if I was to be a student with friends mostly students and I market a product for buildings only. It will be obvious that such a product isn't going to favor my friends. So what do I do?

Think of reaching out to others, probably your dad, mum, uncles, aunties, lecturers who could be interested for some will have buildings still under construction or friends who have such buildings. So through their links, you've got your interest audiences thus, more chances of making your gains.

Marketing- Owning Your Business

Marketing is an easy way of owning your business, likewise making lots of profits which people shy away from without wanting to explore in other to gain from all its benefits.

"Anyone who can talk, can be a good marketer - All needed is acquiring some marketing skills and knowledge"

As a marketer, you own a business beyond just being a middle man between producers and customers.

Just as we've got wholesalers and retailers making profits from a product like they own it in business, so you're thrown into a similar role as a marketer.

My Business as a Marketer - An Illustration

I may be asked to market a metal door for Pesco Tech. ltd at #20, 000 per door. As marketing is all my business, I decide to relate the cost of each metal door as #25, 000 per door to my customers.

"As a marketer you directly or indirectly have a right of price fixing for whatever goods or product you market"

If I supply hundred doors for sale, I did earn a profit of #50, 000 for myself as my business.

Working as a marketer for Pesco Tech. ltd, selling hundred doors, am entitled to my pay/earning for a job done as a marketer.

Then finally, to my customer/buyer, considering the fact I gave him or her nice product, they can give me an extra penny for a business well done after supply depending on my relationship with them.

So in summary, I have virtually earned profits from three different sources, only because of my jobs nature - Marketing.

That's how vital marketing can be.

Marketing - All You Need To Know

All one needs to know about marketing, that is its basic knowledge is related in this article. All needed is simply your audience.

There are lot and lots one needs knowing when dashing into the world of marketing. "All you seek is within you" so also the knowledge hidden in this article.

For a quick reach to success, you must be well equipped/educated on the following;

Knowing Your Product:

As a marketer of a particular product, you must possess the best knowledge of the product. This could range from knowing how long it takes the product to expire, various grades (if the product got any), a watch out signs for customers (in cases of imitations) etc.

The more knowledge you've got on your product, the more you could talk about such product and more likely get people convinced to get them.

How to convince Your Audience

With verse knowledge of your product, you can easily convince your audience to get such a product simply by working on a little trick.

Such trick should be based on exposing to them (your customers) what exactly you do during the commodity production or its sequences, in other to better the product compared to others in the market or that you do to raise standards and quality.

Once your audience is quick to understand this, the more likely they respond to your product.

Knowing Your Audience

For whatever product you market, you should know those likely to use them. This helps you build at heart a next step thus, reaching out to them. Thereby advancing the marketing process perfectly.

Where to Find Your Audience

Knowing exactly who your audiences are helps you in locating them. You don't need to search for them where they can't be found.

Hit their locations and get positive result out of it.

The Link: Be Your Business

You are not an entrepreneur or a true business owner, if you can't market yourself. It's so awkward to see a business owner or a start upper too shy to marker their businesses personally.

Just as we all can't shy away from lecturing and tutoring as we did be heading families soonest, so also a business owner or a start upper.

The basic steps of marketing drops down to understanding your business. Of course, when such feet of understanding are achieved, one can freely do what is called self-marketing at anytime.

Don't restrict yourself as you mustn't be a professional marketer to market yourself or your business. The difference between you and one called a professional marketer is the possession of the most basic knowledge of such a business.

Learn to market yourself, learn to speak up for yourself; you alone can do a proper clean up, before others in the task of marketing.

Buy that responsibility and see yourself loving what you do more.

The Right Timing

Making money and being successful, has been the dream of humans over time, as many thrive towards that end daily.

This big question on 'when the time is right ' to achieve these key life dreams becomes unquenchable.

Dear reader, before I proceed, I did like to drop a little advice.

It is indeed very important striving to attain success and earn cash in a LEGIT WAY. Don't join the party of those guided by the saying, 'any way is a way'.

All way can be ways but there're always better ways of doing things, which all depends on timing.

The Joy Legit Cash Gives That Can't Be Compared To That Illegally Gotten

Money is good and also very important, as all things on earth in one way or another revolves round its hood. But it's best to earn cash in a legit way.

For some, these words will sound like jargons, making no sense but for the wise, the reverse is the case. May I leave you with these illustrations?

If as a young boy of twenty years only and is already in higher institution, I duped my dad of a huge sum of money, let's say about fifty thousand naira (N50, 000) through some means cooked up. Probably by doubling my fees or stealing directly from him.

With such sum of money in his account, due to the fact that such cash was illegally gotten, it doesn't make him comfortable.

'Illegal cash has this ability of making one so unstable, diluting your thought with the thrill to spending alone.'

-Imaeruaka N.J

He tends to think of the quickest way to get rid of such cash through no other means but spending. For such thoughts assures him of peace through that caved out of conscience tour.

This kind of battle is fought in the heart of many whom have made cash so illegally.

While on the other hand, if such sum of money was transferred to him by his dad on will, now clearing all form of illegality, there's this joy that comes to stay within him.

The thought of having such amount of money in his account alone, changes everything around and within him. He tends to smile more often when relating with friends, as his cheerfulness knows no bound.

Even without spending a penny from such amount of money, he remains just happy for himself for he got something he did call his own. For most people, this kind of joy makes them start adding weight, become more active and focus in activities. It sounds funny right? But it's actually true. They become more relaxed and stable.

All these are experienced only when money is made in a legit way, as only then do you recognize WORTH and better understand VALUE.

A natural rewarding gift to those who make legit cash is that they are practically contented with what they have. Note carefully that this gift is earned and never bought.

While a natural punishment excluding Karma, exists for every involvement in acquiring illegal cash. You are never satisfied, consumed with the quest of wanting more always. The funny thing is, the whole world when given to you won't be enough.

Inspirational/success tips (general category)

Finding Your Joy

Have you been so sad at some point in time in your life that nothing seems to make you happy?

Yes! We all once fall in this state of mind often times than it is naturally expected.

There is only one way to maintain happiness in our life and it's simply through kindness.

....BE KIND.....

Be kind to yourself, as only then can you truly get to accept yourself for who you really are and love yourself more.

Be kind to others. You don't need to be begged for the help you render before rendering them.

Once you see or know one in need and you can offer help, do that quickly. That single act of kindness re-installs lasting joy in your heart.

Such joy can't be bought anywhere, and it ever refreshes the heart.

Your daily task should always revolve around kindness.

Tell yourself each day you wake up - Am going to show more kindness than I did the previous day.

As only these acts of kindness by us can help get earth heal of her woundsmaking life worth living.

BE KIND TO YOURSELF

BE KIND TO EVERYONE

Never deprive yourself from the joy you deserve through an act of kindness.

The Price We Must Pay For Success

During this battle/strive to success, it is not new that there're prices to be paid to have her at our doors. Nevertheless, your passion for whatsoever you do is the fuel to run you through the journey of success, especially when things get tougher.

Steps to success

Passion brings about endurance when the race of success is been kicked-start.

When time seems against you, you're forced to dedicate more time.

When encouragements aren't forth coming, you're forced to encourage self.

When the team is breaking out, you're left with the responsibility of uniting and strengthening the team in whatever way, as the possibility lies within you.

When one route is blocked, you're pushed to devise another.

When things don't feel right or goes rightly, you're left with the responsibility of fixing things.

Even when pushed to the edge of taking complains as a route to lessen stress, you're forced to kick that off, for you know it helps not.

When an effort don't seem like it's going to work out, you are still forced to make a try, taking up that single risk, for you're free from 'impossible chains'.

How often you sacrifice your nights to work on stuffs you hope for, as you know someday you did get better rest.

The more your dreams get you troubled as you work them out, the more research it gets you thrown into, learning new things daily without the heart and gut to abandon these dreams.

You try to pull off a little to cool off but these quest for success consumes you wholly - A reminder of your dreams pinches you intensively just in your hideout, you've got no choice but to return to your daily routine in getting task done to achieve success.

Success has got lots of price to pay, from different dimensions. Once you're sure you need to be success, overcome those fears of yours, be ready to make those sacrifices success demands from you.

More so, hold on to passion as she alone increases your endurance when success demands hits you harder than you can normally bear.

The Game Changer - Patience

Lots of business owners without the gift of patience have found themselves struggling with success over time.

In many the zeal to make it really steals the gift of patient they possess.

If you must succeed in whatever business you're into, you mustn't skip its growth stage.

And only patience can get you the best out of such stage for future success.

When you are such you are doing things really right, it obviously becomes easier to be patient with such stuff.

This virtue known as patience goes beyond what many imagine, as it clearly defines men with passion for what they do.

Remember, while knocking on the door of success, you just need her (patience) as you never know when this door will be opened.

Friendship: Your smile

We all have friends around us, as they make the life worth living.

We should enjoy every bit of time we spend with our friends to the fullest, for those smiles such moments puts on our faces are rare of its kind.

These smiles we wear as a result of our encounter with friends lives on. And when we're so down or probably bored, the remembrance of such fun moments re-installs those super smiles on our faces.

Oh! Those charming smiles that makes the body more lively - Enjoy your friends, chat on with them, feel these moments of friendship while it long last.

Thus, maximizing life purpose.

Your Dreams, Your vision

Do you have this big dreams or vision that has stolen your thoughts over time? Your brains were made to reach such ideas for a reason. The funny thing is, such unique ideas your brain is trying to connect to or is already connected to, some persons somewhere around the globe is also connected to that single idea.

Can I hear you say ACTION! Yes, action makes the difference. Having an idea or a vision or a dream, without any action to getting them actualized is useless. When you posses any idea that seem useful to people in the society and could invariable better your life in terms of profit, you must be as quick as possible to hit the action button, start the development process of such an idea without any delay.

Never forget procrastination is evil and remains the man that peoples dream/vision. Always remember: that idea of yours which you think to be so unique to yourself alone, isn't disposed to you alone, as more people around the globe has connection with such an idea. All the idea needs from them, is the first to act on the idea, making it actualized.

Be responsible, kick start the idea, wait no more, as delay is dangerous.

Your Source of Joy

You could really be in deep shit when you derive joy from people.

As in, when you don't see them around, sadness sets in, anger at times, confusion like though the world is falling on you.

The source of your joy plays a vital role in making you the better version of yourself.

Fix the puzzle and set them right.

Africa Wake Up From Your Sleeps

The world is moving faster than we can imagine tech wise, with lots of innovations around. Some being absolutely mind blowing and other over whelming.

Nigeria and Africa large is far behind. Awareness remains the key and this is the purpose of this piece,

Days are far gone when we go to computer centers to learn just how to work with ms-word and ms-excel. Much more are needed these days.

Days are far gone when you go to such centers to learn Auto-cad, solid-works and its likes, as coding - the language of the future is taking over.

Most countries whom understands the break which technology is making, has imposed on themselves a task to teaching younger generations the language of the future at a very tender age, while African's are sleeping.

Wake up Africa.....

We are far beyond just being a computer literate, as the world expects us to be programmers instead, for programming is the basic kit to be linked with our profession in solving problems surrounding us.

Parents wake up.....

I laugh when children demand parents to purchase computers for them and they give silly excuses, not minding the fact they've got money to purchase them. Such parent doesn't understand or sees the direction which the world is driving to.

If jamb as an examination body didn't change its test pattern to computer based, I doubt if most parents did allow their kids be exposed to computers.

Dear parents, soon you would see a seven year old child demanding you buy them a phone, and not just an ordinary phone but a smart one. Just as the generation is tagged as 'jet', so it flies as a jet (very fast) tech-wise, with innovations of various kinds springing up and taking over the world.

From the top of my voice, I shout these words of mine, 'never limit your kids, if you've got cash, buy those stuffs that could help them flow with technology - all you need do, is to guide them as such stuffs are been used. Let me give you a reason for my stance.

An illustration

A seven year old boy, already learning stuffs on robotics, was asked a very familiar question of what he did like take as a profession when as he grows older. His reply was to be an agricultural engineer. And when further asked the works of an agricultural engineer, he started by introducing the nature of his dads job.

'My dad is a farmer; he has poultry where he goes to pick eggs daily. I want to design a mechanism that will help my dad in picking eggs daily, instead of him having to carry out that task all by himself'

How marvelous a seven year old thought. The basic reasons why he could think like that are drafted into two, firstly he was caught young as the bible says 'catch them young, train a child the way he should grow and when he grows, he

wouldn't depart from it'. At a tender age of seven, he is been taught how robots operates.....his thoughts at seven is already wide, geared by technological exposure, to think of such innovation.

What do you think his thoughts would look like when he turns fourteen? Of course things which will radiate off his minds would perfectly be un-imaginable, totally beyond that of the usual. All this as a result of proper guide and utilizing the skill of - catching them young.

Never feel your kid is too young for anything. When your kids start to talking, it's a sign to you that they are ready to learn and understand anything. All you need do is following them up with the right model to guide them, that's why they've got you as a parent around them.

Africa, wake up from your sleeps.....

If you can't catch them young, you can't catch them no more and the more difficult it is to create an impact on earth.

Consistency - Tricks To Help You Remain Consistent In Your Dealings

The most difficult aspect of hard work is consistency. Consistency as the quality of being consistent, that is 'of a regularly occurring or a dependable nature' has overtime been the key factor responsible for lifting one to success.

When you are consistent with your dealings overtime, success is no way far from you. Being consistent helps you learn new things always, bettering yourself individually or as a group and your operations.

Truly, the real hard work is housed around being consistent as it isn't a very easy job. It demands you master some little tricks to cross its borders and here is a post that exposes such tricks perfectly.

This post presents some secrets which will help you master the skill of being consistent in your doings/works, bringing success to you more closely.

Have you told yourself someday that you're going to do certain task either daily or weekly? Let's say after receiving a good sermon in church or after attending a powerful seminar or reading a mind blowing inspirational book or journal.

You tell yourself you are going to do this or that, whatever the task you give to yourself. Probably after the sermon in church, you conclude within yourself to read your bible daily, say a particular prayer daily or whatsoever the task imposed be.

Most often, the startup of such task goes smoothly. When reference point is at initial, the powers possessed are indeed great. Within a short while, you find out that you've been swept off your control of such task (ended such task). Of course, you are found wanting.

Yes! You wished you can be constant with such task but yet can't help yourself. This is indeed a big problem, as it causes has made lots of people wrongly placed in life. Do you want to be a master of this game? Possessing the powers of consistency, demand you read this.

Tips to help you better your consistency game

To be consistent in your works/tasks and doings, you have to glue yourself with these tips, understanding and applying them in your life.

- **Prepare yourself for the down times:**

There're times when we are extremely active in body and mind as regards to our various tasks, works and doing assigned to us.

Just like a musician, they're times you've got those lyrics flowing naturally, when creativity is at its peak, ideas manifesting in different forms. These are times you have to utilize the most, making the best out of them.

Do the extra work, push yourself harder than usual, write more songs as a musician, write more articles as a writer, write more poems as a poet, train more as an athlete, produce much more than your usual limit, for these periods doesn't last forever but comes once in a while.

There are also times when you will feel blank, like the light of creativity has left you or is quenched, never worry much. During such period, your extra works during your well experienced times will save you from any mess, keeping consistency high up and making you worry less.

- **Have your work tools around you**

Having your work tools around you always, helps you fight better to win consistency in you tasks/works. Especially, at your leisure positions or spots can save you some mess, as you never can tell when that billion dollar idea that needs urgent work would hit you.

You are quick to conquer laziness when your work tools are around you, giving you a stare at the face.

Just like a writer, imagine telling yourself you are going to write a piece each day, waking up by 5am with your body so willing to return to sleep. Forcing your mind with zeal to make that post, when immediately find out your pen or writing sheet is not close by.

Without doubt, you are quickly subdued by the force of sleep, breaking the thoughts and will of being consistent. For you will end up losing such ideas you initially wanted to get down.

If you work with laptops, phones, paper and pen or other necessary gadgets, try having them around you for easy reach, it helps.

- **Procrastination**

The death of great ideas, creative works/performance has been caused by procrastination. Its indeed the first step of failure, as he who procrastinate is bound to fail. Procrastination is simply the act of postponing, delaying or putting off, especially habitually or intentionally.

There's time for everything says a wise man. We all know that about time but never respect time a bit. If you must end procrastination, you must start respecting time. Do things as at when due, never compromise - this should be written in the heart of anyone who yells for success.

Trash them once and for all, giving your time to something else. To be consistent in your task, you must first have a zero tolerance for procrastination.

How Far Are You To Success?

Have you taking time to ask yourself this mind blowing question of how of how distant you are to succeed or how close you are to success, as regard what you are currently doing, while your mind and body yells for success.

In other to be successful, you must dance to the beat of success. And how can you that? You can do that simply by understanding success itself and the ways of successful people. Of course, it's not just a day's job, for you must undergo planting before harvest.

There are basically certain habits common with successful people; one should take more personally in mastering the dance to this tune of success.

The Price You Must Pay For Success

I believe all sane minds, crossing all barriers of diverse jobs/ occupation, yells for success at a long run, with their daily engagements of such jobs/ occupations.

This is practically the human nature, as no one wish to be tagged unsuccessful. Many of us have ended up missing out in the true meaning of success, chasing the empty.

Success is achieved at the mind firstly, before it's been affirmed in the physical world.

What is your definition of success?

- Do you feel you are successful when you've got lot of cash to show for your efforts in business?
- Do you feel you are successful when you've surrounded yourself with lot of properties and investments?

I don't know what you have to be your definition of success but I wish to tell you this;

Success is a long term goal with collective short term goals.

These cumulative, over time can tell if one truly lived a successful life or not.

During this battle/strive to success, it is not new that there're prices to be paid to have her at our doors. Nevertheless, your passion for whatsoever you do is the fuel to run you through the journey of success, especially when things get tougher.

Passion brings about endurance when the race of success is been kicked-start.

- When time seems against you, you're forced to dedicate more time.
- When encouragements aren't forth coming, you're forced to encourage self.
- When the team is breaking out, you're left with the responsibility of uniting and strengthening the team in whatever way, as the possibility lies within you.
- When one route is blocked, you're pushed to devise another.
- When things don't feel right or goes rightly, you're left with the responsibility of fixing things.
- Even when pushed to the edge of taking complains as a route to lessen stress, you're forced to kick that off, for you know it helps not.
- When an effort don't seem like it's going to work out, you are still forced to make a try, taking up that single risk, for you're free from 'impossible chains'.
- How often you sacrifice your nights to work on stuffs you hope for, as you know someday you did get better rest.
- The more your dreams get you troubled as you work them out, the more research it gets you thrown into, learning new things daily without the heart and gut to abandon these dreams.
- You try to pull off a little to cool off but these quest for success consumes you wholly - A reminder of your dreams pinches you intensively just in your hideout, you've got no choice but to return to your daily routine in getting task done to achieve success.

Success has got lots of price to pay, from different dimensions. Once you're sure you need to be success, overcome those fears of yours, be ready to make those sacrifices success demands from you.

More so, hold on to passion as she alone increases your endurance when success demands hits you harder than you can normally bear.

Success - Stand out and you'll be a Success

Most times, one just feels like all efforts summed up has no positive effect. We all feel discouraged towards our efforts as will pull through towards success. Of course that's a common phase of the struggle, as experienced by many through this journey of success.

However, quitting is no option, as it comes like a temptation just when you are very close to reaching the peak of success and having your dreams actualize. Would you rather fall for that cheap temptation and have all you have build for a while crumble?

Of course we all are meant to reap the fruits of our labor, for it was actually placed to boost our morale in keeping up with the struggle, especially when it has a great positive effect within our various societies.

The people we meet along this journey are classified into two; those who will look at your struggle then find every possible ways to discourage you, through words and actions. Secondly, those who no matter how little the evidence they see towards your struggle are, they find a place within their hearts to encourage your struggle.

Funny enough, your friends and family members can fall among the first set of people. And that could even be more discouraging. Why let that pull you down, when you already know it inevitable. When you see such things happen, just feel relax, smile and tell yourself a simple fact which is - am not giving in to that.

When people discourage you once, encourage yourself twice and when they do that twice, triple yours. The last thing you really should rest on is what people have to say about you and your struggle. It all not really important as the only important say you've got to pay attention to is what God has to say about you and your struggle.

The Only Human That Can Help you, is 'Yourself'

Most people in their subconscious think and feel at some point in time that they are bound to get help from others, in order to place themselves rightly in life with success by their side. With this mind set of theirs, they forget the common saying, 'Everyone for him or herself, God for us all'.

As you toil through life, exploring all its curves with time, you should harbor this mindset within you - that the only person whom can place you rightly and perfectly in life, after God is YOURSELF. Of course the God factor is not for you alone but also for all. So where the difference lies, is within you.

- Your dreams are made real, only when you make yourself believe in them. No one else will do that for you, not even your loved ones.
- All sacrifices towards success are personalized. If you want to be successful, you will definitely have to bear its cross alone. The bitter truth is, no one is interested in helping you out, for they all got theirs to think of. The sooner you understand this, the better it is for you.
- Consistency, a key factor that throws you to success, surprisingly is a personal affair too. Of course you don't expect a passenger to know the level of fuel in a car, as the driver ought to have an eye fixed on that (the fuel gauge). So if probably you're a writer, you alone know when you're running out of content.

Therefore to place a 'green' on the consistency button, you need work more closely with yourself - nobody is ready to help you out with that shit capable of placing you right.

- Most times when others feel you've got knowledge about certain stuffs, only you can tell if you really you posses what people may think you have.

This 'self' fact goes beyond what you think.

Yes! That uncle, aunty, dad, mum, siblings, relatives or friends might reach out to you, with a helping hand towards your hustle but have it in mind that they tend to do that only if they so wish. So what happens when they decide not to take such route?

Your hustle is YOURS, your struggle is YOURS, so also your success is YOURS and if you must get to the top, then you need to take charge of everything around you.

Build this mindset up 'the only working factor that I need to get me to where I so desire, is a WORKING SELF'. I will leave you with this short story.

How I Became the MVP in My School Basket Ball Team

As a fresh student in school back then, I did the usual tour around the school environment, trying to find some stuff that would catch my fantasy.

All seem bored, not until I got to the school sport complex. This young man was indeed caught by the attractive look of a small, well cemented basketball court which was close to his hostel.

Having an average height of 5.8ft, I gave myself hope, telling the real me within that he could be a great player never minding his height, for I thought the game was for tall dudes' only.lol.

Basketballs, being a game I loved but only got very slim chances to watch matches had me live in her court. After watching the day's game, I made up my mind about joining up for a training session. So I approached one of my seniors I thought to be the coach for more enquires on joining up.

He briefed me about the basic kits which I did need for training, after which I thanked him. You needed to see how happy I was, for I knew I have got all that ready for myself. Just like the gospel, I went forth telling friends about my next move. I guess I did all that with a primary reason of attracting more of my set mates to join me in the training and not just having to train with my seniors alone.

The day took its slides and after school hours, I dressed up, ready to play basket ball. The training became more fun, when some of my set mates showed up to ball. But my fun was short lived, just as we were about to swap from a training session to a game.

As usual, after selecting players for both teams, with a common rule "first basket, other team skin", we were on shirt as my team mate made the first basket.

Not long after we started, this rules complicating sport threw me off balance immersing me into a deep confusion. All my movements with the ball were called a fowl, how annoying that was, making it so obvious I was new to the game.

With time, just as we played, my numerous fowls stirred anger amidst my team mates (all being my seniors), with none

willing to help me out with corrections or talking me through the games rules. Soonest, the anger gained more ground as there wasn't a player around to be substituted for me.

As I lost the ball or committed a fowl, these seniors I thought to be my team mates, knowing fully well I was new to the game reigned curses on me constantly. They indeed went to an extent of insulting my parents and grandparents on the court. All coming my way because, I had lost a ball or committed a fowl.

Truly, their actions towards me were more than enough to discourage a starter but was that what it did to me? Of course not, I didn't give in to that and so I played 'GENTLE'. I understood myself to be a learner and I also knew the only set of people to teach me the rules of the game was my team mates. So I accepted the reign of curses with a humble, open and loyal heart.

Guess What?

It indeed quickened my learning ability, for I urgently needed to shut the valves of insults from the mouths of my team mates. And the only way I was to achieve that was to play better. So I derived my own route to the top.

Although training session starts by 4.00pm, I tried daily to go pick up the ball to hit the court before 3.30pm. Putting myself in a personal training for few minutes, before the arrival of other basketball players.

This personal training scheme helped me improve my shots, layups, bouncing and it shaped my body into a player as the broad shoulders started forming. My personal training scheme was like a 'learn today, practice tomorrow thing'.

After few months, I ended all those insults, as they happily choose me into their team freely when the game was about starting, for they knew I had improved greatly.

Cutting my long story short, there came a time when we had an inter-departmental basketball competition. My department won this competition and I was part of those that piloted that success train.

Anytime I think about that award night, when I was called up on stage as the MVP of the year, I can't just stop myself from smiling, for I could recall vividly how it all started and the major key towards my success was the WORK I WORKED ON MYSELF.

Hey! Am not disclosing the amount my brown envelop with the award contained. Lol. Well, the goodness is, I shared its content with my team mates.

Remember This;

Y - Yourself

O - Optimistic

U - Understanding

R - Readiness

S - Stay focus

E - Enthusiasm

L - Leadership

F - Fearless

Every Happenings around You Is For a Purpose

You should know that things don't just happen for no reason; they have got a purpose that's why they happen. Many feel happenings around got no link with purpose but I tell you, it has everything to do with purpose.

Setting a positive mindset means accepting the fact that for every happenings around, there's a purpose. A purpose you may or may not know but certainly one exist.

With such a mindset, you become a better player in changing life's game, as you are forced by such mindset to shone complains.

Since you now know that there's a purpose for any happenings, whether it happens to your favor or not, you won't border complaining. Else you are stock in that apartment filled with complains.

Mistakes never happen when life is totally or completely screened, for every event we tag as mistakes got their various purposes, so why then tag them mistakes?

When an odd situation plays before you, instead of being negative about the whole scenario, try giving positive thought a space by thinking about the purpose of such event.

As yourself a question as to what message such situation is trying to pass across, as there's definitely a message she bears. Never complain, just pick the message and learn.

Let me tell you a shot story on purpose;

I was privileged to attend the wedding ceremony of my cousin sister, which had a venue very close to an express way (Onitsha-Enugu express way).

During the reception, while the enjoyment lasted, all man drinking, eating, some dancing and others catching fun in their ways, something really bad happened.

My nephew, a boy of six years old, had stomach troubles. He couldn't hold on no more and had his nice clothe stained with poo.

My sister made enquiries to ascertain the location of the rest room, so we took my nephew there to clean him all up.

I had no idea as regard the purpose of this happening. The message it was passing across wasn't decoded by me properly, not until few months later.

Few months after the wedding, I was running my industrial training program at a workshop along the same express way but a distance farther.

As a normal routine before breakfast, I try to use the rest room in other to ease myself before headed for work.

One morning, on the faithful day, after my daily routine as usual, I landed at my work place at about 7.50 am. Something strange that made me so uncomfortable happened.

At about 9.15am, my stomach started making a loud noise, like though two rats were having their fore play before mating in it.

As an adult, I tried to play along by holding on. As it became worse, I had to open up by asking out for the workshop's rest room. And that was when they broke the bad news to me. My industrial attachment area got no rest room.

There and then, I was like- oh! Lord help me...what do I do now. Remember, the workshop was very close to the expressway, with the likes bushes not close by.

Sweat from nowhere started to roll down my face, like I was breaking woods with an axe. Of course, the work my muscles were doing down there was far greater; I guess the reason for the sweat.

I hurriedly took an excuse from my boss to rush back home, to ease myself. I took the first bus I could get to our junction.

While in the bus, the lady next to me was just giving me a clear stare, trying to understand what was going on. I was just so busy swinging my legs, trying to send them back to my stomach, it was indeed a pressure battle.

Trust our roads, with lots of bumps, I almost shouted at the driver to move his bus faster, as he slowed down to pass through these bumps. The bass from the loud music he was playing vibrated my butt seriously, weakening its muscles gradually like the flow had started.

I got to the junction, which was around a seven minutes walk from there too my house. There and then, I could hold on no more, for my hands were already at my back trying to support the now weak muscles, as I walked even more slowly.

Just then, I recalled the occurrence at my cousin's wedding. My goodness, the venue of the wedding was just at the left

side of the junction and I think I know where the rest room is located.

I moved with the speed of light and within seconds, my bag, trouser and pant were all down while my butt vomited her troubles as fast as she could.

I never knew what would be use to wipe off, for all I cared at the moment was to ease myself a little. After I was done and quite comfortable, I could see no toilet roll but just around the corner, I saw bottled water.

It was very obvious to me that someone must have forgotten it there. All for my good, as I used the water to cleanup, before heading home.

So I ask, do you think the event at my cousin's wedding wasn't on purpose? Do you think the mistake by the individual for leaving the bottled water at the toilet wasn't for a purpose?

Everything in life has a purpose, so are the happenings around.

Everything Good You Desire, Can Be Gotten

Man's wants and needs are more numerous than we could ever imagine, be them good bad.

One can get everything good he or she chooses or wish to get simply by, asking of them from the one person, that has everything humans ever wish to have and of course this one person as referred to here is the Almighty, God Himself.

As God has challenged us in the scriptures, leaving us with a promise when he said "Ask of anything and I shall give unto you" Oh what a great privilege given to men by God out of love.

As if that wasn't enough, He yet again inscribe a challenge in our hearts when He left us this statement " If you sinners know how to give good things to your children, how much more your merciful father who is sinless"

Here, He clarifies us on the fact that He knows all the good things we all long to have, even better ourselves. The only requirement He gives, in getting whatever we want is simply by requesting for them with a heart filled with certainty that He is above all and for that reason He's capable of handling our various challenges.

So in the real sense, if you are not getting the good things you want, i guess you're the one withholding yourself because you've got no barriers.

GOD LOVES YOU AND WILL FOREVER LOVE YOU BECAUSE HE GOT NO CHOICE NOT TO LOVE YOU-GIVE HIM THE CHANCE, LET HIM INTO YOUR LIFE.

Ruling Over Yourself, A Way Forward To Reaching Success

Individually, we all seek success and also when we work as team, we seek success as a team with more focus on self. The major way to reach success, throwing ourselves forward to the height we so desire, is simply by ruling over ourselves.

To rule over self demands we all withdraw within to recognize self better and more perfectly. A superb rule has got lots of principles backing her.

These desires of ours to hit success heights, needs us to be much more focus, disciplined and be the best version of ourselves and not of others.

If you've got a big dream without believing in it, how can others believe in your dreams?

If you've got a project you're working on and you can't make certain sacrifices for such project, how can your team mates do?

Success as a team evolves from individual success

- Imaeruaka N.J

To reach these great height you have longed for over years don't be deceived by anyone, rather work by these keys;

- Believe in yourself.

- Believe you can get it rightly done.
 - Accept the challenges when they come.
 - Solve your problems.
 - Never complain (as no pain, no gain) rather than complain, have a meet-up with like minds, discussing intelligently.
 - Never be scared to make sacrifices, as your dreams worth it.
 - Keep pushing even when things seem like going all wrong.
 - Pay less attention to your negative mindset, be positive always.
 - Be discipline, never fall for procrastination.
 - Be kind to yourself, as the best version of you comes out on stage only then.
 - Consider others. If your dreams are centered on how to satisfy others, you're more likely to succeed and it helps you stand firm when trials comes around.
 - Be consistent. Remember always that he, who fails to plan, plans to fail. You can't be consistent in anything when you don't plan.
 - Locate like minds and then get a mentor. They have a way of boosting your moral, helping you push your dreams up high. Also, they can be sources of encouragements which are often needed.
-
- Never stop working on yourself.
 - Be dispose always to learn new things, for if you are not, you and your dreams will wear out over time.

There're lots more but the most important of them all, is recognizing earth is more spiritual than physical.

So you need reach out to your maker, be dispose to Him always. With this, you have a chance of grace to better your dreams and reach out to more ideas.

Achievements – Your Worth the Best Encouragement

Looking closely at the title “Achievements – your worth, the best encouragement”, some many get a clear picture of what this post is all about but if you’ve got no idea, I urge you to read on.

Everyone tries to put effort daily in works one is into. Most times, after completing a serious task and attaining a particular height, we could be thrown of balance, considering the stance of others towards our achievements.

After reaching a height of success, which you think to be a great achievement personally, when you’ve got the wrong minds (negative people) around, they can set a big problem within your mind. I know this isn’t clear right! Let me explain further.

In life, there are always two set of people around you; those who would encourage you and those who would do just the opposite. When some feel you’re incompetent, others believe in you. It’s like a tour in life.

The kind of people around you, determines how far you can go when success is questioned.

If those negative minds surround you, they tend to weaken your dream actualization force, like virus over time. While if you are surrounded by the positive minded, they serve as sources of encouragement which helps you actualize your dreams even more quickly and effectively.

Most times, you can’t control the kind of minds which comes around you. So, you’re bound to meet both basically at all times.

Truly, blessed are those who meet more positive minded people, for the growth of their mindset remains healthy. On the other hand, when you're always in contact with the negative minded, you see yourself struggling much.

It looks like, no one really cares, no one really value your struggles, no one appreciates your efforts etc.

These times can be so frustrating and has headed many into suicide. They make you feel you're so incompetent doing what you love to, generating faults in all you have labored for.

Yes! It can be so over whelming, throwing you into thoughts that can bring you sickness and weaken your self-esteem. At these times, the only savior you've got is yourself.

You just have to withdraw into self, take a second look at your achievements, have a deep breath then encourage yourself perfectly to the best you can.

Let me leave you with two real life instances that got me...

I once wrote a book, my first book though. After editing, I published the book on Amazon. This feat achieved was indeed a tough one because it left me turning over one problem or another.

After publishing the book, I shared a link to the eBook to a white dude from USA. He condemned the book so much, giving it lots of down smacks.

Firstly, he told me that my book design was too unprofessional. He didn't even consider that was my first publish. Next, he said the book description got lots of grammatical errors and so would be the content if he bought

it. And lastly, he complained about the price been too expensive for a book 100+ pages.

I gave him a reply, telling him to be more specific, highlighting the grammatical error he noticed in the books' description for correction purposes. And guess what? He was too lazy to do that but gained maximum joy condemning my work and effort.

To be sincere, his words got me thinking. It totally changed my mood that day. It had a big hit on me, depriving me from writing an article that day - meaning I lost money to his words.

I took a bold step the following day. After recalling a comment my friend once made on the same book. On seeing my book, he was like - "Joseph, how did you get your book published on Amazon? I have been trying to do same with no success yet. Please I did need your help when am ready to embark on that task once more."

Then, I told myself the truth. If a computer geek like my friend hasn't been able to attain such achievement like myself, I should be glad for this feat achieved.

I gave myself all encouragement I needed, recognizing the fact I was better than what people think of me. This single thought of mine got me back to my feet.

"When your level of hope increases, your light shines on"

-Imaeruaka N.J

Why i have continued to write ;I fell in love with writing, far back in the days of my secondary school. SSS3 to be precise.

Why I did fall in love with writing was because I was taught how to write essay by a genius - Mrs. Helen, just in getting her students prepared for WAEC.

She did her job so well that I fell in love with writing. I needed to practice all the skills she had taught.

Secondly, I have continued to write, due to the role my elder sister - Mrs. Chizitere, played alongside Mrs. Helen.

After writing my first article as a young boy, I needed someone to go through it. So I handed it over to my sister.

She digested the piece so well and was also incredibly surprised I was actually the one who wrote it.

The encouragement I got from her that day, remained the oil that has continued to lubricate my writing skill...that article soon turned into a book.

Oh! I didn't tell you...

After my first article, I recognized myself more as a writer, knowing the fact that i have got something within. At the end of the article, i gave myself the nick name -

INBUILT WISDOM. A nickname my sister confirmed, as she saw a brother radiating wisdom.

So in life, I did encourage all to play the role of Mrs. Helen or Mrs.Chizitere.

Teach others well, when you are called to do that. Just like Mrs. Helen. You might probably help one recognize his or her talent.

Also, do well to encourage others on seeing their jobs or try-hand; you would be building a bright future. These little things go beyond our imaginations...

Be the reason of one's growth and never the reason of a downfall..

Love you....

Relationship

3 Ways To Make A Long Distance Relationship Work

Maintaining a relationship is a task that requires a day to day improvement of characters, attitude and dedication. Lots of people shy away from distance relationship because of they feel it's almost impossible to work out.

Making a long distance relationship work out better, isn't a big deal any more. As this article will provide you with tips to cling to your love, for the best not minding the distance apart.

Tips:

- **Communication:** The better the communication in a relationship, the more healthy the relationship becomes. When in a distance relationship, you should try calling your partner, probably on phone more often.
To create a firm bond of love, you shouldn't end in just making voice calls. Try making video calls more often too, as a regular view of those facial expressions like your smiles keeps one always at heart, thereby increasing the tendency of such relationship to work out.
- **Presenting gifts:** Gifts have a way of making one feel so special. So, when in a distance relationship, never neglect the effect gifts could create. When in a distance relationship, should find time sending gifts to your partner by any means you can.
This presentation of gifts makes you physically present around your partners not minding the distance apart.
- **Visitation:** when unavoidably caught up in a distance relationship, at least once in a year you endeavor to

meet each other. No matter how short the contact is, it ignites the candle of your relationship. Such meeting places could be in a function, a ceremony, etc.

Top Factors that Diminishes Love in a Relationship

- **Honesty:** we all know honesty to be the act, quality or condition of being honest. Just as earlier discussed about how lies kills a relationship. This act of not giving into swindling, lying or fraud keeps a relationship upright. We all should be scrupulous with regard to telling the truth when in a relationship. Else, it brings them to an early grave.
- **Compatibility:** In a relationship, the choice of partner has a greater hold of such a relationship. Thus, compatibility comes in. You can't be compatible with everyone and some people. Nature itself made it so. Most people find themselves in a relationship with partners to whom they are compatible with. This helps such relationship run smoothly with lesser efforts to maintain them.

On the other hand, if you've got yourself into a relationship in which both parties aren't compatible, it becomes much more frustrating with love diminishing in such a relationship.

Love is meant to be a binding factor. How do you know your partner is compatible with you? Becomes a big question that punches the heart. A simple quest for self recognition can help you out.

- **Communication:** Man as a being, can't do without communicating with each other. At one point or the other, you must have someone to communicate with, as no human can live in isolation.

Communication is a very powerful tool in a relationship. The quality of communication in a relationship tells how long it tends to last and how smoothly relationship challenges can be handled and sorted out.

Most relationship is based on assumptions as regards to certain characters/decisions of partners. Such attitude kills a relationship. With a good communication scheme laid out, you tend to understand your partner and why he or she chooses to do what they do. For such cases may have been discussed even before it unfolds.

The rate, at which bad communication in a relationship terminates it, is as fast as you can imagine. It shouldn't be given a chance as it does more harm than good. Talk your way through that relationship.

- **Deepen intimacy/connection:** Marriage relationship will be perfectly right, if intimacy/connection in them is deepened. Just as a good song got good flows, so also a good marriage relationship must possess this perfect connection and intimacy.

Love must be built, not destroyed. I have got a little guide to help you get more connected with your partner.

- Firstly, you need to keep dating each other.
- Consider creating more honey moon (a second, third and so on)
- Be of service to each other (serve and be served)
- Keep up and feed each other (it builds the connection)
- Remember your hot bath, continue with it.
- The eye contact - gaze into each other eyes.

- **Trust:** Trust is a very sensitive relationship tool. As when it is betrayed, could take a fortune to rebuild. You can't be in a relationship without a little concrete trust on your partner. All need to be watchful as ever, never to betray such trust imposed. As when that happens, it leaves a great crack in the foundation of such relationship.
- **Forgiving:** When in a relationship, I bet you already sign to tolerate your partners shit.
"Forgive anyone who has harmed you or caused you pain. Keep in mind that forgiveness is not for others. It's for you. Forgiving is not forgetting. It's remembering without anger. It frees up your power, heals your body, mind and soul. It brings peace."

Just as you are bound to provoke each other when in a relationship, you have to put on a belt of forgiveness around your waist, as lack of this diminishes the love bounding relationships.

- **Time:** As it is often said, there is time for everything. This master rule applies to our relationships. Know your timing. Everything can't be just right at all times. Utilizing your time and scheduling it for right purposes put your relationship on the right track.
- **Smile:** How often do you smile when you interact with your partner? Smile is a very powerful tool in a relationship. It frees the mind off burdens of various kinds, especially when emotionally attached. Your happiness and joy should be of a higher priority in your relationship. Never trade them for some other stuff.

- **Understanding:** Understanding as the bedrock of relationship got kids she possess for herself which includes;
 - Respect
 - love
 - Equality
 - Consideration
 - Commitment

When you understand your partner, the more compatible you both become, respect increases, love flourishes more, equality becomes a firm hold, commitment slides easily and considerations got itself flowing

Sexual Dissatisfaction

Have you been wondering why most causes of divorce in marriages is owned to sexual dissatisfaction, or probably you have been too intuitive, wanting to know how to avoid any form of sexual dissatisfaction in your marriage, or probably when you get married?

I wish to let you know that you've indeed picked up the right article. This article of mine goes as far as elaborating the reasons why sexual dissatisfaction ever occurs in marriages.

To put up a clearer view of the content of this article, I did like us to take reference of the human body from a machine. If this can form a base in your mind, I guess an easy digestion of this article could be achieved.

Am going to make it very brief here, for a more enhanced understanding. The following under listed reasons are responsible for any form of sexual dissatisfaction in marriage.

- **The system program:** If you could recall, I told you initially that we did be taking our reference from a machine, just as a machine perform specific functions as it was been programmed by its manufacturer, so also does one exhibit various characters in marriage which they grew up with. To clarify this point, I did like us to take lay an illustration. Take for instance a guy whom before he got married, does have sexual intercourse with at least two girls a day. With such program already fully installed and running in his life, on getting married, how on earth do you think he's going to be satisfied with just one lady a day, having at the back

of your mind that such program has been running for years? The reality is there is bound to be problem of sexual dissatisfaction, except the grace of God is implored.

- **Masturbation/ Intercourse:** when one experience any form of sexual intercourse, be it masturbation, mutual sex, oral sex, anal sex and so on, such an experience sticks to the brain. The brain most a times shows to us how powerful it is, as such experience might not be easily forgotten.

Eventually, when sexual activities are performed after marriage, your subconscious mind tends to put up a scale, weighing both experience of sexual intercourse to know which feels better. If such scale ranks your sexually experience before marriage better, I guess you are not far from the word dissatisfaction.

- **Virginity:** Throwing more light on the above, I did love you to know that one's virginity has a major role to play. Virginity in this context simply means abstinence from any form of sexual intercourse. When both partners before marriage are virgins, after marriage, on having intercourse, they feel it was best done, due to the fact that they haven't obtained any pre-experience. This saves them any form of sexual dissatisfaction as compared to one who is a "pro" getting married to a novice, at the long run, one partner is going to piss the other off.

That's one of the basic reasons why the scripture emphasize on abstinence from sex until after marriage.

If you have been involved in one way or the other into pre-marital affairs, and you expect to shone sexually dissatisfaction in marriage, I did like you to have this at heart- "The room that never gets full, is that of improvement".

Change they say is constant. You could actually change a life of sexually dissatisfaction to that which satisfies. All you need is just getting started, work on yourself.

Having a side lover VS being in a poly-amorous relationship

There is this dissatisfaction that engulf people in a relationship. It increase the tendency of no been satisfied with what they people have got in hand, not minding the various qualities possessed. As such feeling arises, it further yields an additional relationship of same purpose. Not farther more the thoughts of a side chick appear and such an action happens spontaneously.

An African man may own two cars with both for various purposes. Just as one could be for his day to day work activities, so also the other could be for occasions only. This is just a typical illustration of how the side lovers and main lover function in a guy's life.

We all know that the highest share holder in a company automatically is the owner of that firm or company. So also when one or more side lovers are involved a relationship or while considering a poly amorous relationship, such relationship becomes more like a firm which will require the highest shareholder to be totally in charge.

Defining your relationship

Mans complex nature got him all round, down to his relationship. While some might be jealous and prefer their lovers been singular with them only, others may also prefer they got someone other than just themselves.

Then the big question here is how comfortable are they, with the choices made about the number of partners they got around themselves.

Top 3 Signs That Your Kid Sister Is In Love with a Guy

Girls generally, are unique in their various ways of doing things, which makes the study about them endless. At different points in time, they are bound to show off diverse characters, especially when seriously in love with the opposite sex.

You should watch out for these signs, as they tell you that your kid sister is definitely in love with a guy.

- **Shunning Show Off To Family And Friends:** The truth remains that, at the initial stage of love, girls tend to hide there their boyfriends from family members, more especially their siblings and most times including their friends. Such a protective act/display of character thus, signifies she is seriously in love with the guy in question.
- **Assessment:** If probably by coincidence, you come across her guy, that's the guy she is in love with, she tends to seek an assessment from you. Just wanting to know if you will indeed approve of him or not. Here they just want you to air your views concerning such a guy. When she does such, you should have it at heart that she is in love.
- **Contact with Phone:** Most ladies aren't often used to having their phones around them. They might be in their rooms while their phones may be laying somewhere around

the sitting room. Such distances with phones are only experienced, when they aren't probably in love with a guy. For when the forces of love joins them with a guy, they expect his calls at every minute of the day thus, having their phones around them.

Love is indeed a blessed word as it could penetrate characters more than we could ever imagine, but should be felt by all mankind.

Top 3 Things that Gets Ladies Attracted to Guys

On like guys that are been moved by physical appearance, 'as it pleases the eyes', girls got lots of reasons which attracts them to guys. Three of such reasons/ facts will be handled by this article as you read along.

Some guys whom are flirts have been able to use them in getting the ladies stalk in love with them at all times.

Ruling out the points

Money: Women wants naturally are more than that of men, excluding the tagged needs of attached to responsibilities. In other to meet up with such needs for physical appearance, they all need cash more often.

And guess what? They tend to dance around those willing to lift cash up. I guess this isn't new, as every guy is aware of this.

Most times, the level of love a girl displays could be equated to the amount of cash she receives. Never minding the effect of cash, not all girls fall for that as some stuffs got them stalked with guys other than cash.

Looks: Every woman loves things being beautiful. As it is often said that 'your looks tells more about you'

Most guys are naturally packaged, as they are so cute that they got lots of girls flirting everywhere they are. Cute guys are more often to have more girls flirting around them than those who aren't too cute.

Hey!!! But you can't actually tell here, as such quality surrounds the eyes of the beholder, so it indeed varies individually.

Tongues power: The power of the tongue as relates to this article is same as what people commonly call 'sweet mouth'

The ability of a guy to utilize such power makes him able to get whatever girl he so chooses. It all come in the form of - taking ladies off the brackets during conversations, decoding what they wish to hear and the skill of telling it to them in a platform being a little funny.

And guess? Such creative acts make your presences so precious to such ladies, as they can't get enough of your presences and so will always come around you.

Knowing these facts as exposed by this article, should help you in developing your minds as regards to maintaining a relationship. As maximizing its potentials yields a successful relationship.

Being a flirt doesn't pay.

Parenting

3 Reasons Why Your Child Will Always Lie To You as a Parent

Bring up kids has always been one of the difficult task for couples. Children tend to react differently to certain pattern of training adopted by their parents.

Lies in general, are been told by kids due to the following under-listed basic reasons;

1. Parents also lie

Most children are innocent and could sense lies better than adults. Whenever you tell a lie or more to your kids (i call this an unnecessary lie, because the parents await no punishment for telling the truth but yet lie), you have indirectly bargained with them to tell you lies also.

The fact remains that if they aren't telling lies currently, they are indeed going to lie to you sometimes in the nearer future. Such lies parents tell their children to quench their distractive questions has a greater effect on them than as little thought by parents.

Take for instance, a child planning to leave the parents presence to play with a friend against the wish the parents, you did hear utterances like "ojuju will bit or catch you" from the parents mouth.

Indirectly, they sow the seed of fear into the child life, when it is more than obvious that the so called "ojuju" never existed.

Parents should know that it did be better to open up to kids at all times because it does more good than harm. In this case stated above, simple statements like "come back here" could solve the problem. Noting that whatever goes around comes around.

2. Lack of Trust

Kids from the very onset, have great trust in their parents, that's the reason why if you probably want to beat one of them, they did give you a simple statement like " I will report you to my mum or dad" with a backup confidence at heart that their parent can handle all situation. But parents betray such trust.

Take for instance, when a child does something wrong in your absence as a parent, on returning you seek the consent of such child to tell you who actually did such things with a backup promise never to beat or whip whoever is guilty.

Immediately he or she accepts been guilty of such acts, parents beat them up ignoring their initial promise never to beat them when they speak the truth. Am pleased to inform you that you just killed the trust they had in you and if probably you aren't lucky, such trust might never be replaced for life.

Never think it has no effect because they are children but remember that they are also conscious beings.

You did be surprised at another instance, that even when you catch them in the act of doing something wrong and you asked for inquiries, they are more likely to tell you a lie, reasons been that you have succeed in making your kids prone to lies by betraying the fact that the truth sets one free.

3. Relationship with Siblings/Friends:

Most children may naturally want to tell the truth at all times but certainly, when their siblings especially the older ones tells them to do contrary, that they willingly do. Except you've bought their trust.

Quenching Stubbornness among Children

As a fact based on the reality of raising children, stubbornness is one of many negative characters possessed by children, of which could be carefully dealt with.



Various methods adopted in upbringing of children, goes a long way to determine if sure negative characters stick to them or not. Sincerely speaking, it is expected that at least one child in a family be stubborn.

Naturally at some point in children's life, there comes this tendency of been stubborn. While you strive as a parent to quench such characters, also have it at the back of your heart that your kid has attained a level of responsibility that he or she feels that their decisions and not that of someone else is best for them.

Such sense of responsibility becomes a challenge to parents, as it demands you to always have a concrete reason why your decision supersedes that of your kids. You did have to prove that to them not minding the facts that they are kids because their minds are beginning to install maturity.

Reasoning with your kids more intelligently and politely telling them why mum or dad's choice overrules theirs, builds confidence and trust wards have on their parents,

thereby eliminating any tendency of arguments which could yield a further act of disobedience or stubbornness.

A flip from such a character as stubbornness in children, requires a base root of patient. If you did got a kid as stubborn as hell around you, as you strive to discipline them, you should put on a belt of patience around you. Your focus as a parent should be to ensure that as your kids grow the percentage of their stubbornness decreases.

Quenching stubbornness among children could be handled following the under listed steps and sequence;

- Considering involving God, since you have a serious problem to deal with.
- Building the best relationship with your children.
- Holding on to discipline.
- Storming on patience.
- Letting kids be, most times when they so wish to.

You've got a lot of work to do here as a parent, as most help tips as pertain to quenching stubbornness among kids are easier said than done.

I bet you, it's never a big deal. You would be surprised that such a stubborn kid you've got today might probably turn to be your favorite kid and bestie tomorrow.

You've got the ball on your court dear. Get to work.

Ways to Better Your Kids towards Greatness

Lots of mistakes have been undertaken by parents in raising children, which has led to a significant drop in the tendency of attaining greatness among children.



Children tend to do the unimaginable in the positive sense when been raised and guided in the proper way. Taking a note from the Holy Scripture, "raise a child the way he or she should grow and when grown up, they won't depart from it".

It is been advised to have a firm hold on children at earlier stage but to our greatest surprise, only those who raise children for evil purposes have been able to utilize this great idea of catching them when they are young.

While trying to build a more rigid foundation of greatness for your children, you did need to play by the following basic rules:

1. Shun Underestimation

Most parents while raising children tend to underestimate them a lot, owing to a negative thought they always put at the back of their minds as "they are still kids". Such excuses at heart weakens the decisions of parents taking towards correcting the wrongs which their kids are involved in.

Naturally, it is expected that parents relate to their kids like though they were adults. As this helps in developing their minds quickly, making them feel the sense of responsibility earlier in life. Such character in kids enables them realize their capabilities quicker thus, stimulating a vision of the future in their hearts and minds without considering the fact that they are still kids.

2. Discipline

Going by a common saying, "spare the rod and spoil the child", it is demanded of parents to discipline their wards when they do things wrong. This shouldn't end at that as parents are expected to lay required and specific corrections to their children, with a recommendation of such correction to be done just after discipline them. Never procrastinate such corrections.

Such character in kids enables them to realize their capabilities quicker thus, stimulating a vision of the future in their hearts and minds without considering the fact that they are still kids.

Making out time to correct the wrongs of children is one of the most fundamental step in discipline them. Such corrections should be given using a polite tone, as it feels more like an encouragement to the kids.

Consolation finally, completes the sequence of discipline. After correcting them as parents, it is expected that you console them immediately after laying down your corrections to them, as this will enable your advise/corrections be digested by their hearts and minds.

3. Gods role

Recalling the most precious advice from the scripture as - putting God first in whatever we do, guiding children towards greatness can only be achieved if the scale of preference used in guiding them is headed by God.

The best thing a parent can do to his or her ward, is to draw them closer to their maker as a fact remains that, the more closer they are in a relationship with Him-the better chances they've got to be great.

4. Exposures

As simple as this may sound, it could be one of the difficult things to do. Parents should ensure to expose their children to various phase of life, ranging from life style, exhibitions, sports, traveling, etc. All these go a long way in helping children identify their talents at an earlier stage.

The earlier they got to know their talents, the better and greater the chances of attaining greatness.

5. Encouragements

As one with kids around, it will be bad of you if you can't encourage them at the very onset. No matter how little what they've achieved may be, try as much as possible to encourage them at all times.

Such appreciation will forever build the zeal in them to increase their achievements without you knowing that.

Sincerely speaking, lots of things are to be done in leading your wards towards greatness. If you can't do all, I guess you could start from somewhere as a parent.

Try as much as possible to be a guide to them, recall that you out to reap whatever you sow, be encouraged and sow in greatness in your kid's life today.

Personal development

You Will Remain Poor If You Don't Love Problems, How? You May Ask

Life is full of problems, with her categories as many as getting the whole of mankind engaged at one point in time or another.

Really, problems aren't something we need shy away from or avoid, as they help in bringing the best out of us.

Have you tried to review the life style of most successful people around you? When you do, you will finally draw out a conclusion that none came up occupying such positions without overcoming certain problems in their lives.

These problems take various forms, all in getting us ready for greatness. Some come to us as test, to practically ascertain if we're truly ready for success.

Overcoming Your Problems

Overcoming these problems that shows up in our lives is quite a tasking job, as most times it displays lots of dramas around us.

Firstly, you need to delete the word 'impossible' from your thought. Have this firm believe that all things are possible.

Most times, we hope to be millionaires, while a rigid doubt in self bounded by all sorts of impossibilities buried within us. You can't be free with a chain around your legs.

Clearing those thoughts of impossibilities even when evidence of success is not seen yet, is an act that makes the great, Great. If you truly want to get the best out of life, then that should be your starting point.

You can make it really large in whatsoever you do, not minding the circumstances presently around you. If you have this basic thought in mind always, then you have healed your mind and this act help one think more positively about your problems.

And of course, no problem is greater than a healed mind, as solutions to problems revolve around them.

Secondly, only a healed mind knows a simple fact that after a problem is solved, a feat is achieved to elevate them. The more problems you solve, the bigger you grow.

How Do You React To Problems

Do you end up complaining about your problems, thinking that could help? Enslaving yourself with the words 'problem shared is half solve'.

Are you thinking of solving your problems fully or partially?

Do you end up letting your problems intimate you, bulling the hell out of you?

Do you just relax, feeling cool with your problems?

Getting the Best Out Of You Problems

- You must recognize the fact that your problems surfaces for good and not of evil. Of course as we did take a test to get promoted to a next level, so we face some problems to be solved to move to the next level in life. When this view of problem is achieved, then they are indeed best tackled.
- Withdraw into self. Everybody got the potentials it takes to overcome whatever problem they're facing, as such potentials lies within them. You can't be faced with problems greater than yourself. Nature assumes you are practically up and doing, to tackle whatsoever task it throws to you in form of problems. Else, they wouldn't come your ways, as tasks faces the right matches of individual.
- Fix the map. Get all knowledge you've acquired to play roles they are meant for, as you didn't acquire them for fun. Think; let the active you see, as only then the already seed of solution planted through healing the mind can start generating.

What Successful People Feel About Problems

They see problems as opportunities;

- An opportunity to learn through research
- Opportunity to innovate
- Opportunity to influence
- Opportunity to make more cash/income

If these unique set of beings sees problems that way, why then are you scared of problems?

The Right Track Finding your joy

Have you been sad at some point in time in your life that nothing seems to make you happy? Yes! We all once fall in this state of mind often times than it is naturally expected. There is only one way to maintain happiness in our lives and it's simply through kindness.

BE KIND

Be kind to yourself, as only then can you truly get to accept yourself for who you really are, loving yourself more.

Be kind to other. You don't need to be begged for the help you render before rendering them. Once you see or know one in need and you can offer help, do that quickly. That single act of kindness re-installs lasting joy in your heart.

Such joy can't be bought anywhere and it ever refreshes the heart. Your daily task should always revolve around kindness. Tell yourself each day you wake up, 'am going to show more kindness than I did the previous day'.

As only these acts of kindness by us can help get earth heal of her wounds, making life worth living.

Be kind to yourself.....Be kind to everyone. Never deprive yourself from the joy you deserve through an act of kindness.

Cool Off With This Piece - A thought Before Trading Your Kindness

The Evil Trends

I see our generation having more widows, more orphans, more troubles, all due to the seed we're sowing today. Imagine a society full of rituals of various kinds, killings in its highest form, the love of money ruling around all towns, life's value as less as nothing.

Money.....Money.....Money

Everyone wants money really quick, ready to get that all cost. Friends using friends for ritual, so also siblings using one another, the little trust we know is nowhere to be found.

The Evil Trend

The country meeting a test of time

Which happens to throw many off balance

Arising from south to west

Is the flourish of evil deeds

Arising from north to east

Is desire to be a better devil

In the eyes of many

Money got more value over life

With some withdrawing into self

To pull out the demon that lives within

This quest to make money really quick
Arises desperation in the heart
With many willing to execute evil deeds
And its back-lash never thought of

As we hear of the killings in the north
The south, west and east opens
To rituals of various kinds
Earth absorbing more blood
Of those tagged tomorrow leaders

Oh! How I wish this test of time ended
As evil dilute my yet untold stories
That which I did love to tell as a granny.

How long shall the killings continue
How long shall you all stick to rituals
How long shall it take for patience virtue to befall us
How long shall the struggle continue

While some got what they desire
Many struggle to acquire theirs
Of course all must leave earth necked
A thought long lost in the hearts of many

Where did we all keep the sayings of 'how well'
Cruising in that of 'how far'
Truly the devil dwells among men
As his works are seen by all

My heart ponders in pain
When will all reach out to life's architect?
The one who gets time in place
Having life as a written script

When will common sense come to live within us
Helping us play by this already written script

Of course things are extremely hard
A better reason we hold on to the Almighty
As He alone can reveal to us
Ideas for a better turn around

Weep no more earth

Weep no more elders

Weep no more heaven creatures

While foolishness paddles their heart

Grace trying to backup

All default files written by the maker

Just a test of time.

Talent above All

Talent is a light that lightens your light, if one invests in it. Else, it hits you hard, harder than your headaches can, trying to pull you towards its side.

As a human, your basic hustle should be around recognizing your talent, as it is like an ore that houses your greatness.

Talent, as lovely as she could be, tries to unfold herself to us in form of passion.

What's that thing that claims all your capabilities and strength? Search no more.

Instead work in line with those stuffs you are good at, for they all possess the ability to give you the future you so desire when walked with properly.

The Greatest Confusion among Youths- The Talent

A reasonable number of youths have heard of the of the word talent, just few that could boast about the fact that they have recognized theirs.

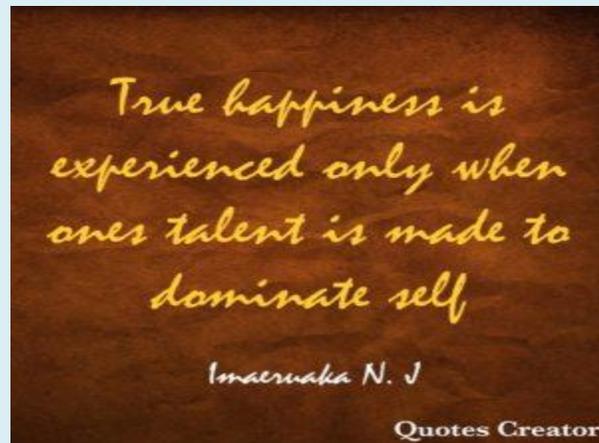
The world will tend to changes more rapidly, positively if and only if our talents are made to play the roles that they were meant for.

Taking Nigeria as a reference of view, you would be having a country where only few believes in the power and strength hidden in Gods given talents to men. Through this article, i will be throwing more lights on talents, its usefulness when used properly, its destructiveness when used improperly and the level of confusion it could create when not utilized at all.

Talents got lot to do with desire, ability, skill or better tagged, the inclination to do something.

Talents and Purpose

Relating the roles talents plays to things around us- although we are prone to seeing lots of them around us. Just as we put on our cloths to cover our nudes and rather not a bed sheet, we use our tooth brushes for the purpose of washing up our teeth and not really preferring a sponge for such jobs.



It is made very obvious that man created such material things for specific purposes to be met. On the hand, so also Gods creation (man) was made for specific purposes in which only the talent unfolds.

Seeing people engaging in activities that is obviously contrary to their talents, is just as synonymous to having an imagination of one who uses a toothbrush to comb the hair instead of using a hair comb.

In this case, one can actually draw to a conclusion that the wrong use of talents is more or less similar to madness, of which stands to be corrected before it gets too critical.

Peeping from a view centered at making cash with talents, you will definitely find out that the amount of cash one is likely to make through the proper utilization of one's talent, will be just more to sustain generations than that gotten while struggling in the wrong field. Taking a stronger ground, one could probably excel in the wrong field making lots of cash but i bet he or she will definitely make a thousand times what could be achieved on the wrong field, if they danced to the tones of their talents.

The evidence of the above is well displayed in the life of both Bill Gates and Neymar Jr. utilizing their talents; they have succeeded in making unimaginable wealth/cash that could blow off ones head.

More precisely, what I do love about talents or better still a secret to talents is that when one works hand-in-hand with talents, endurance and patience got a higher level of balance as compared to when not in cooperation. This natural effect helps to keep us going, when the going gets indeed tough. More so, it boosts the zeal in us to try alternatives when failure of any kind occurs through our journey, which could further lead to the birth of certain inventions.

The Peal Called Happiness

Every living being on earth desires to be happy at particular times, not minding the various situations that abounds. Happiness got lots to do with the well being of various individuals, far beyond what could be imagined.

The enjoyment of one's soul is felt through the radiance of happiness surrounding them. When ones soul rejoices, maybe due to a good deed done, this optimum joy felt by the soul is often radiated to the surrounding (as the physical appearance of a person) through an excitement called happiness.

True happiness can be installed in ones heart, mainly through helping hands- that is, being supportive to those in needs and actually doing things right, more especially at the right time. You did find out that, a feel of a transcribed joy which engulfs happiness, whenever such things are done is been felt by individuals.

The self realization of one's self and satisfaction of our minds could bring about happiness of the mind. Taking a track down to the roles in which talents got to play, you did be glad to know that true happiness is only experienced when ones talent is made to dominate self. That is to say, when purpose and talent got an agreement, happiness is no longer farfetched.

Oh what will be the fate of a relationship without happiness? Love only glows because happiness is felt and maintained. For if such happiness wider away, love loses its trust and ceases to be love.

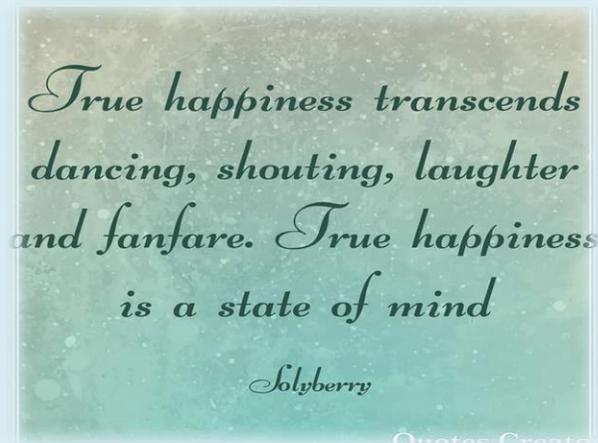
Sadness shouldn't be let into our lives, as it just proves the frowning effect from ones soul, since the smile of the soul is only felt through happiness.

Humans are expected to stay happy at all times owing to the fact that life is too short to be lived without happiness. Happiness is indeed a gift of the Holy Spirit all need to acquire.

Monday's Motivation

Just as the first working day is named Monday, men in a special way consciously or unconsciously need various specific tap from sets of words that has the ability to grease the mind and keeps it motivated as the rest working day unfolds.

More specifically, today's motivation will be derived from a word which has been known to all men, since he took his first breath, which is "HAPPINESS".



True happiness transcends dancing, shouting, laughter and fanfare. True happiness is a state of mind. When our minds are at such a state of happiness, those physical characteristics such as dancing, shouting and laughter are thus displayed right before us.

HELPING HANDS AND
DOING THINGS RIGHT
ARE THE TWO THINGS
THAT CAN NECESSARILY
INSTALL HAPPINESS IN
ONES HEART.

IMAERUAKA N. J. Quotes Creator

Helping hands and doing things rights are the two things that can necessarily install happiness in ones heart. This has a hold from a reward of helping others and working just beside your maker, the gift of happiness is received.

THE ENJOYMENTS OF
ONES SOUL IS FELT
THROUGH THE
RADIANCE OF
HAPPINESS
SURROUNDING THEM.

IMAERUAKA N. J. Quotes Creator

The enjoyment of one's soul is felt through the radiance of happiness surrounding them. When we involve ourselves with the right things to be done, our soul receives pleasure; such pleasures of the soul can be felt by others only through the level of happiness one expresses.

*True happiness is
experienced only when
ones talent is made to
dominate self*

Imaemaka N. J

Quotes Creator

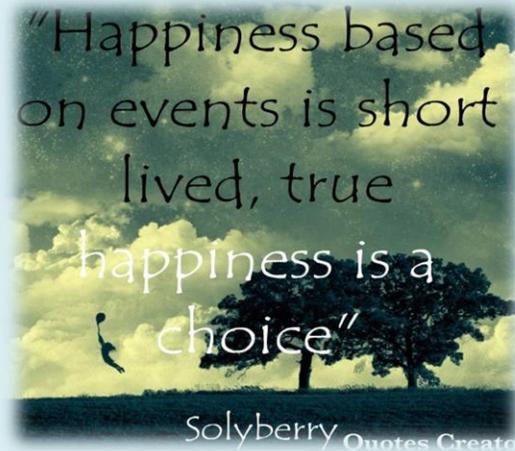
True happiness is experienced only when ones talent is made to dominate self. Talents houses individual purpose of life which one is expected to play by, true happiness evolves as a result of allowing oneself partake in activities as relate to individual talents.

**Happiness is like a kiss. In
order to get any good out
of it, you have to give it to
someone else**

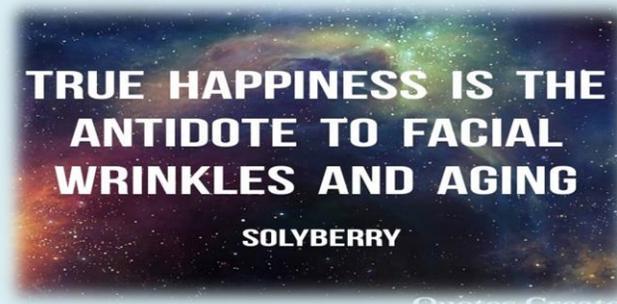
ZIG ZIGLAR

Quotes Creator

Happiness is like a kiss. In order to get any good out of it, you have to give it to someone else. This simply implies that the more you make people happy, the more happy you become. Men should always try to reciprocate acts of happiness.



Happiness based on events is short lived, true happiness is a choice. Some basic happenings could possibly keep one happy but what fates have you when such happenings are over. We should take a choice of being happy by carrying out daily activities that would yield happiness.



True happiness is the antidote to facial wrinkles and aging. As we express joy tagged happiness, it goes a long way affecting our looks as you level of happiness express could be told from your facial looks at old age. Happiness could be a barrier to those wrinkles willing to spoil your face as you age.



Love glows only because happiness is felt and maintained. Could any form of love exist without the partial combination of joy (happiness) and sacrifice? Such a blend forms a base for love.



When the soul longs to give a smile, it does that only through happiness. As funny as this may sound, joy which the soul experience makes it to put on a smiling face. How else could this smile of the soul be seen, if not through happiness?

Happiness as man call it should be inevitable in our lives as its plays roles beyond our understanding, linking the unimaginable i.e the soul, mind and body.

Powers beyond powers

While winning and dinning with your thought, have you ever imagined why spiritual powers are been abused while Gods throne remains silent about it.

Of course, I need not tell you, for you already know that the earth is more spiritual than physical. When you see certain negative manifestation of power, your mind build up courage to pose a question to God like 'why didn't He (God) cease Lucifer's powers before casting him down to earth?

Taking a deep breath to digest this question before seeking an answer, you will find out that you are filled with this guilt- as who are you to question God.

But on the other hand, recall that whatever you seek is just within you. As this article will clear the air as regards to the question posed.

Illustrating ideally

Take for instance a scenario were by Lucifer and his fallen angels where drained off their powers before casting them down to hell. Do you think they would be a cause for salvation? Had it been things went that way, it would indeed make Lucifer the fallen angels more boastful at the end of days. Saying stuffs like 'He took our powers, he knew we were going to conquer his children, he is afraid of us dealing with them.

I tell you, if things had gone that way, it would end up creating a room for Lucifer and his co-huts to mock the Almighty.

Illustrating actually

The casting down of Lucifer and the fallen angels with all retaining their powers put us the children of God in a better position. Am going to tell you why, just as you read along.

Since God himself has given us powers over the devil, although the devil and his followers do lots of acts, signs and wonders that makes you feel like they are truly in charge. Certainly they aren't as no power can be compared to that of the Almighty.

The same God that gave Lucifer and the fallen angels their powers is the same God telling you he has placed you over the devil. Meaning the powers you've got can't be compared to that of the devil. As you posses Gods own power, which is above that of the devil.

With the devil retaining his powers, we actually got the lead. As we could boldly say to him on the last days that we are more than conquerors and God can boldly say to him- my children overcome you, not minding your powers you always used against them.

We are conquerors

Quenching Your Temper

Like seriously, most people have really misunderstood the meaning of one having a temper (hot temper). When we say one is hot tempered, it doesn't mean he or she gets angry quickly, as all humans do get angry as quick as they are been offended.

Referring to one as hot tempered, just simply means that they quickly react immediately after been offended (the key word here is the quick reaction) that's why someone with such attitude is tagged hot tempered or better said- they got temper.

Controlling your temper

The risk of not controlling your temper is not to be taking as it does more harm than good. The following ways highlighted below would keep you in charge, making you the master of your temper.

Silence: Silence is a very powerful tool used in controlling ones temper. It is as simple as - whenever been offended, keeping quiet and just working away. It could be difficult but I bet it's going to spare you some shit.

Reflection: When offended by someone and after sticking to silence via working away, try giving yourself few minutes of reflection. Think about how others you've once offended feels, when that sense of guilt surrounds you, it becomes positive by giving you an idea of forgiveness, helping you to forgive who so ever offended you.

Catch fun: When your minds has dimmed it fit to forgive and after truly forgiving that particular individual that got you upset, you have won a battle within the mind by

quenching you temper. You know what you love best, go celebrate your victory, your joy is all that matters.

Beauty and Its Uniqueness

God's creation are wonderful, beyond mans thoughts. Who are you to call someone ugly, when God approves as beautiful.

Have you ever experience or seen such beauty which engulf both artificial and the naturals? Is the mind thinking of how such could look like?

That's you, for your beauty is unique in its pure form. You are cute as you are, doubt no more.

Drawing Positivity from Death

In every aspect of life, just as we carry out our daily activities, reaching out for success demands that our thoughts be positive at all times not excluding that of death.

Much fears is been developed in the hearts of many, when the thought of death takes a ground, which makes me pose a question- Of what use is the fear of death to man? Reaching to the bottom of the heart, I know you did get a “NO” as answer.

Having at heart that death is inevitable so why the fear of it? I did rather suggest you read on, in other to lay hold of the positive aspect of death than the negative side.

Taking a positive view of death, you should know that death was kept in place, to be more like a guide to us, as regards to the way we live our lives. This point of mine is a fact that should get into the heads man, exposing them to the tendency of living a better life, or more still achieve the wish of a legend named Michael Jackson, when he said “HEAL THE WORLD, MAKE IT A BETTER PLACE”.

I did like to put up an example here, to further clarify my point of view. Take for instance a rich man with lots of surplus that is via material thing, when such a person is been approached for help, if he is one that always has it a positive thought about death knowing they will be leaving the world at anytime. With such mind set, I bet he or she will find it easier to render help of various kinds within their power.

With a continuous thought of death, such actions as stated above become involuntary with time. Making man live a simpler lifestyle with love guided by death.

This positive thought of death, makes us cherish our creator and maker more unconsciously. Try creating an imagination in your heads, of every one on earth recognizing the fact they are going to leave mother earth someday. With such, I bet we are going to have a perfect earth as wished by our maker.

There's just no time to fear death dear, instead live the legacies before it comes. Let Gods love live among us.

3 Damn Truths That Changed My Life For Good And Can Do You Same!

Have you been struggling with getting things right in life? Well, it's all normal to be confused about life at some point in time. Nevertheless, this post will reveal to you 3 deal of truth no one has told you but has changed my life for good and can do you same too.

1. Attaining Success

Take a deep breath and enjoy this ride.

It's obvious that every sane mind yells for success, including you. Yes, you want to have a successful career, you want to be successful in business, relationships, marriage and all other aspect of life.

How do you measure success? How do you think success is achieved?

Permit me to walk you through testimonial/words from Darren Hardy.

So what is the root control factor?

If we were to boil everything down to the most core controlling factor to all the result in your life, what is it come down to?

There's only one thing that will determine whether at the end of a life you end up living here or whether you end up living there.

There's only one thing!

One thing that determines whether you end up driving this or whether you end up driving that.

Your whole life comes down to one thing! What's that one thing?

It all comes down to choices!

Your whole life is nothing but the accumulated compound effect of the choices you've made up to this moment!

Right now, your waistline is nothing but the accumulated compound effect of the choices you made up to the moment.

The size of your business, your bank account, the intimacy of the relationships in your life are all just an outcome of the compound of choices you've made up to this point.

Success is not a result of some Heroic feats!

Nobody you see on the cover of success magazine did anything Heroic.

It's not because of some grand act of bravery. Success is a result of small, seemingly insignificant moment-to-moment choices.

The only thing that separates them from you is that accumulated compound effect of those little choices that created dramatic difference in result.

These small choices add up to big gargantuan difference in results.

Compound choices are the 8th wonder of the success world.

Stop looking for the quick fix for success, happiness and wealth.

There's no short cut! There are no cliffs notes! There's no quick fix!

You're going to walk through a mind field day in and day out of hard freaking work, because success is earned one day at a time.

Every day you lift your head up off the pillow, you're going to decide whether that day you're a success or whether you're a failure.

You're either moving forward or you're falling behind.

One step at a time!

Every step you take away from the bed, as you walk through your day, you're either going in the direction of success or you're going in the direction of failure.

It's one decision at a time.

At the moment that you're making a choice, the consequences, the outcomes, the results are invisible.

It doesn't look like it's having any impact whatsoever, so you can get faked out!

You see, every single one of these choices has what you also call "A Butterfly Effect".

One little, itty, bitty choice over here, 10, 15years later and there's a tsunami in your life, either positive or negative.

The first thing you need to do is to just have patience!

Even though you don't see the results in the moment, you have to know that the compound effect has been ignited.

And every choice you make ignites it and fuels it and it will stretch itself out over 10, 15, or 20 years before it reveals its results to you.

We're constantly bombarded with an ever increasingly, sensational marketing gimmickry with claims about how you can get rich, get fit, get younger, get sexier all over night with very little effort for only three easy payments of 39 or 95.

And these commercial, marketing gimmicks are taking people who really want to learn, 'I want to provide more for my family! I want to send my children to the great university!'

They pursue these answers and are constantly derailed and distracted.

And here's the reality;

There's no silver bullet, there's no magic pill and for God sakes people, there's no freaking secret.

The truth about the process of earning; not wining, not arriving but earning success, that process is in itself very mundane.

The process is frustrating and sometimes it's even gut stomping, heart crushingly defeating.

But that doesn't make for interesting books or exciting infomercials or riveting movies!

So instead, we're paraded around with all these other visions of what it takes to be successful. But those are just shining objects and not the truth and in the end, you can never own success.

Don't stagnate too long in your victory because you can never own success, you can only rent it and the rent is due every single day. It's not what you know that determines the results in your life.

See, that's a myth.

Knowledge is not power, it is the potential of power, but it's not power in and of itself.

Power is only created in what you do with what you know.

There're a lot of really smart people who're geniuses, who are broke because knowledge isn't something you can take to the bank. **It's only action that produces results.**

44% of doctors who tell you how poor eating and lack of exercising will kill you, and these people, 44% of them are overweight.

There's a difference between knowing the path and walking the path.

In life, you will suffer one of two pains: the pain of discipline or the pain of regret.

The pain of discipline weighs ounces! Picking up the phone, going to the meetings, saying you're sorry. But the pain of regret weighs tons; bankruptcy, divorce, heartache, loneliness.

-JIM

So as you're out there, making your choices, ask yourself; **pain of discipline or pain of regret?**

Additional Lesson

- Our every second counts in our journey towards success.
- Never skip your growth stage. Growth is a gradual process.
- Always stay focus.

2. Education

Education is not only restricted to what is taught within the walls of your schools.

It's far beyond that.

Education has to do with acquiring knowledge one lacks for self development. Yes, it also requires actions to yield results, incorporating the necessity of a coach, mentor and an instructor/educator.

With these three, one swims in the pool of knowledge.

Also permit me to walk you through testimonial/words with a little story from Robert Kiyosaki.

I realized as I started education, I came across the word genius. And I also realized that every one of us was a genius except in schools.

There're certain people in schools considered as genius.

I got a class mate back then who was considered as a genius in school. This guy could do quantum physic and all that as a young kid, but he couldn't tie his shoe laces.

Do you know someone like that?

They were geniuses in school but in the real world, they're incompetent.

This guy didn't know his left hand from his right hand. I was always wondering how he can be a genius but don't know how to play base ball other kids were familiar with.

So I started to realize that genius, every one of us had it and what genius stands for, is Genii-in-us. Genii which means magic.

So Genius simply means the magic in us.

God created every animal on earth to have their spaces and their special advantage. The birds can fly, cheetah runs fast and the list goes on.

So if animals have their special advantages, so those each one of us.

Tiger Woods is a genius in the environment called golf court. He would not be a genius as a footballer.

Have the courage to find that environment like Tiger Woods on the golf court. Find that spot where your genius comes out. That's what intelligence is.

I didn't find what I was good at, until I had the courage to find the environment where my genius came out. And I ask you to do that too.

Intelligence is, don't do as you are told, go where you know your genius can come out. It's not easy.

Tiger Woods had to practice like a wide man to get his genius come out.

Every child is born with a genius. Have the courage to find that environment where you would work the magic map and your genius comes out. The most important thing is do what you know God gave you the best use for.

The Short Story

My last pay check, I still remember it clearly.

It was one of the worst and the best days of my life. And I was in Puerto Rico. I was working for Xerox. My boss gave me my last, it wasn't a pay check. It was a bonus check.

I think it was about thirty thousand bucks taxable (the only problem).

So I got this check and I went 'holy mackerel'. I was excited but also disturbed.

And so this other guy comes up to me, his name was John. And John says to me, you're going to be back.

I said why.

He says because you're going to fail.

I looked at him and said few expletive words, because that's what he did. He left Xerox, failed and he came back.

I said...

You failed and you came back, but I'm going to fail and I'm never coming back.

And that's the attitude.

If you say, if I fail I'm going to go back to mommy and daddy, then that's what you will do.

So if you fail, that's when I became an entrepreneur because I had no money. I had no money for years.

I didn't have a pay check.

When you don't have this pay check, you get hungrier, smarter and it's a test of your character.

Will you become a crook, will you become dishonest, will you cheat and steal or will you become a better human being.

So that's the benefit of becoming an entrepreneur, you really find out who you're when you don't have anything.

Additional lessons

- You're unique and a genius, so go make things happen by finding the environment to bring out the genius in you.
- Never let negative thoughts of others towards you get into your mind.
- Always be positive and ready to make a change.
- Believe in yourself.

3. Action

People that get things done and make things happen don't just stop at listening to failures or success stories of others. They take action.

Not only do they take action, they do as they are told to.

A right action is what distinguishes success from failure.

Permit me lastly to take you through testimonial/words from my mentor Dan Lok

How does this relate to you?

Every one ask, how did he get so rich, how are you successful. How did you get to where you are today.

He always says;

- First, you have to develop a high-income skill.
- Create a scalable business.
- Focus on return on investment.

That actually is the wealth triangle.

Every one listens to this and they're like, 'oh that's not a new concept' but they never follow it.

They always jump around between scalable businesses without focusing on the high-income skill.

Sometimes the secret to success is a lot simpler than you think.

WHY HOLDING YOURSELF BACK?

As the common man would often say, there's always an excuse for failure.

At some point in life, we stumble upon diverse ideas which can show case through talent but we become too weak to work the work needed by those ideas.

Most times, we give excuses which irritate the idea itself without us knowing.

If only those ideas possess the power to speak up for themselves.

Yes, we are sure definitely that such idea can bring us fortune but the reason why we hold ourselves back, without working on them that I can't tell for real.

No excuse would those ideas take from you, if you don't work on them. Its like business. No matter how little, the professionals would say, START SOMETHING.

You may not have a studio to record your songs but what stops you from having a try hand with your phone?

You may not have the right show to play that game, but what stops you from trying with a boot you possess or better still, lending from someone.

What are your reasons? Funny enough those ideas of yours senses your excuses as you being proud. And remember, pride comes before a fall.

It is wrong to think everything has to be in place before one can venture into his or her dreams.

HELL00000!!! Hear this CLEAR...

You don't need everything to be richly placed, as life isn't known to food spoon anyone.

The greatest discouragement to our dreams, is that which comes from within.

Never think the equipment you've got in possession isn't good enough to make you great.

Open your mind to learning new things.

Don't hold yourself back, click the START BUTTON. It won't cost you much. Its for your good.

Don't you want to be great?

Don't you want to succeed?

Don't you want to excel in life?

If the answers to these questions is yes, then why can't you make a move? Why remain in your comfort zone? Why can't you push yourself to get started?

Or do you think someone else will do that for you?

They cant...that vision, that idea, that dream, are all opened to you alone. You are to mastermind the affairs here.

Why shy away from responsibilities?

Dear, wait no more...PLEASE hit on the START BUTTON and save the world today as she waits on you.

Remember always, you've got no grace mate, so do your work and never compare yourself with others...

You always Can, don't STOP or LIMIT YOURSELF..

Boosting your self-confidence

Self-confidence is that feeling of trust in ones abilities, qualities and judgment. It is no joke that self-confidence is important to your health and psychological well being.

You must know that, nobody was born with limitless self-confidence. Self confidence is been built when one takes charge of their life.

Self-confidence depends on a combination of good physical health, emotional health and social health.

Since low self confidence is a problem facing many in our society today, a big question thus, how can one boost self confidence? Is thrown at us.

Although building self confidence takes time, its like a game we all need to master its principles.

Firstly, if you must be confident, you need to deal with your inner critic of self-doubt. You must shone that voice speaking to you from within with words like - No, you can't make, you aren't beautiful, you've got a poor intonation, you can't beat them and so on.

You must learn how to challenge that voice, else it can ruin you.

You can challenge that voice by affirming yourself.

Nikki Carnevalc would say - affirmations are a powerful tool to deliberately install desired beliefs about yourself.

Yes! You need to affirm yourself to boost yourself confidence. To get your brain accept positive statement more quickly, always phrase your affirmations as questions. Instead of saying, "aim so good at writing classic songs", on the other hand saying, "why am I so good at writing classic songs? Can do the magic.

Study has shown that our brains are biologically wired to seek answers to questions, without analyzing whether the questions is valid or not.

You need also take note of these:

-No one but you alone can carry out the task of boosting your self confidence.

-Always visualize yourself as you want to be - for whatever the mind can conceive and believe, it can achieve.

-Face your fears, don't shy away from them. Try doing at least one of those things that scores the hell out of you everyday.

-Never feel anyone is better than you. They're not. Funny enough, most people also feel you're better than them too.

If you're insecure, guess what? The rest of the world is too. Do not over estimate the competition and underestimate yourself. You must note always that you are better than you think.

Eleanor Roosevelt will say, 'no one can make you feel inferior without your consent' so wise up.

-No drooling at all....find opportunities to congratulate, compliment or reward yourself even for the smallest successes of yours. You need to start focusing and concentrating on your successes alone....learn to trash your failures and negative thoughts.

-Just like an experiment, you must start paying attention to things you have done than those you are yet to do. Go on, increase your "did-it" list more than your "to-do" list.

-Render help. Volunteer to mentor, assist or teach others. It automatically speeds up the process of boosting your self confidence.

-Never allow anyone define you. Accept no one's definition of your life but define yourself. You alone got that keep and no one else.

-The basic for being confident is the idea of deleting all thoughts in been like someone else. Don't think of it. Be yourself.

-believe in yourself

-smile

-Groom yourself

- Dress nicely
- Think positive
- Act positive
- Get prepared

Also, never allow over confidence slip in, as she comes with pride. If you're overly confident in your abilities, you might not take action.

You can always work on yourself

You can be better

You can step up your game

You can be more confident.

About the book

This Book 'The Compile' is not for everyone. It's for the few who have chosen to experience growth in their everyday life.

'A reader lives a thousand lives, the man who never reads live once'.

'**The Compile- Running Smoothly Through Life**' - is a book which has span revolving around life-style, ranging from parenting, business, personal development, relationship and of course the motivational.

With this book, you would be shocked about the knowledge you have greatly be missing out in. The reason being that it exposes new and helpful ideas for our various life-styles, a rear of its kind, to ensure smooth running's through life.

And if you haven't gifted anyone within a long period of time, I bet after going through this book, you would consider it for gifting people especially friends and family. For it holds much value due to its wide range of knowledge.

GROW UP- is that book you want to read, thinking it hasn't been written yet. It's here before you; won't you love to own a copy?

About the Author

Imaeruaka Joseph also known as Inbuilt-Wisdom JIN, is an indigene of Amesi town, in Aguata local government area, Anambra state. He was born in Amesi on the 18th of January, to the family of Mr and Mrs D.C. Nnajofofor. He attended Nigerian Navy Nursery & Primary School, Okomaiko, Nigerian Navy Secondary School, Abeokuta, Hopebay College, Okokomaiko. He attended Metallurgical Training Institute, Onitsha, Nnamdi Azikiwe University, Awka, bagging a degree in Mechanical Engineering.

Skills?

1. Copy writer (specialty; sales copy)

Currently works with Sky blazer ventures, Niger standard industry ltd, Azodo fish farm.

2. Content creator (short stories, articles, memes and poems)

Currently works with Andora Novella, Tis foundation and Medium.

3. Author at Amazon (kindle direct publish)

Imaeruaka Joseph up to date has six books published on Amazon.

-Marriage forum

-Wisdom from its inbuilt

-The Compile

-Did i have sex? - a memoir

-Maintenance of some basic electrical components

-The poem stream.

4. Blogger at Millitime (www.Millitime.com)

He has over 100 + posts on millitime opened to viewers' worldwide.

Author's Contact

Phone calls- +2348168140705, +2348098608089, +2347034674052

Email- imaeruakajoseph@gmail.com or
imaeruakaimaeruaka@gmail.com

Facebook-Inbuilt Wisdom JIN

LinkedIn- Imaeruaka Joseph

Twitter - Imaeruaka001

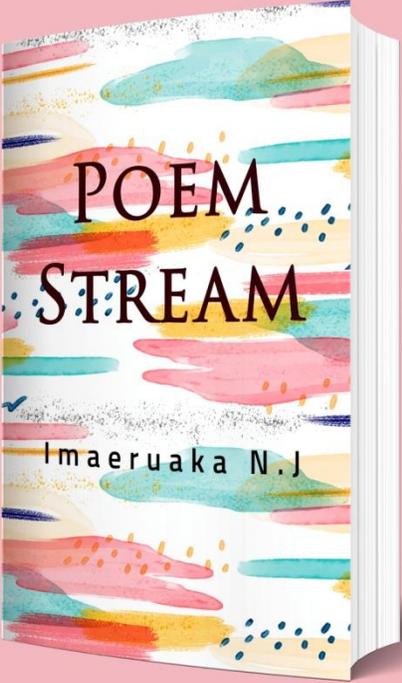
IG- Imaeruakaimaeruaka

Favorite quote: A word after a word after a word is power.

Other Books by Author



E-BOOK





Extra Text

Sex won't satisfy you

Fame won't satisfy you

Drugs won't satisfy you

Alcohol won't satisfy you

Success won't satisfy you

Life is empty without God. He's the only one who can satisfy your heart.

Be nice first because, you can always be mean later but once you've been mean to someone, they won't believe the nice anymore.

There's an utterance that announces you in the realms of the spirit after you have bore the spirit of humility.

When prayer becomes your habit, miracles become your lifestyle. Never give up on prayer no matter what comes your way.

Don't treat people as bad as they are; treat them as good as you are.

Talent is a gift but character is a choice

Never beg for a relationship. Be brave to accept the one who really wants to be with you and reject the one who just pretends to be with you.

**People who change the world are people who stop dreaming and wakeup. They don't just wish,
they act.**

If we remember every day that we could lose someone at any moment, we could love them more fiercely and freely and without fear – not because there's nothing to lose, but because everything can always be lost.

After all, life goes on.

Everyone can't like you, many will hate you, and many will criticize you. All these won't affect you once you don't care.

**Believe- one day, you will tell your story of how you've overcome what you're going through now
and it will become part of someone else's survival guide.**

God is going to work it all out for the good. All the pain, frustration, heart break. Somehow and in some way, He is going to use all of the broken pieces to make a beautiful masterpiece. Just keep up the good work, it's all about time.

Everything in life happens for a reason, no matter how hard or how unfair it may be. Something better will always come out of it.

Life will f*ck you, it's your choice to take it as fun or rape... it all revolves around you.

Always love your friends from your heart not from your mood or need. Attitude towards friends saves.

Whatever makes you feel bad, leave it. Whatever makes you smile, keep it. Have fun and enjoy your life.

If you don't heal what hurt you, you'll bleed on people who didn't out you.

The people who are meant to be in your life, will always gravitate back towards you, no matter how far they wonder – less the worry.

Love is not only based on sex. Love is also based on respect, trust and honesty.

Never cry for someone who hurts you, just smile and say: 'thanks for giving me a chance to find someone better than you'. Move on.

You can't lose.

Life, including money or relationships or health or spirituality, is getting your mind right, going into it and doing it for the right reasons.

An excuse is nothing more than a well planned lie, never give excuses, get to work and trash it.

Your beliefs become your thoughts, your thoughts becomes your words, your words become your actions, your actions become your habits, you habits becomes your values, your values becomes your destiny.

Steps to wealth creation

- Develop a high-income skill**
- Create a scalable business**
- Focus on return on investments**

A man that stays a day without learning something new is a dead man.

Everyone wants to be free but there's no absolute freedom... to achieve a maximum degree of freedom, you must be a master of rules.

Team work is never easy. One just have to glue self with this -'always be supportive as only that can give you joy if success is achieve.

Love is an illness that doesn't have an absolute cure... it always sticks in the head.

As the relationship we've got with God glows, better chances we've got to get whatsoever we want.

If you're too scared of failing when you try out something new, then you're most likely to fail. Even if you don't fail, the presence of that fear has a way of diminishing the product of your effort. You must learn the 'mind work' to be a master at shunning fears when they arise.

Interest is that spare key that unlocks the doors of your joy/happiness. Flew from doings that doesn't interest you.

When you're with a girl, never talk about any other girl.

Girls don't like that.

They always want to feel special.

If you go otherwise, they start disliking you gradually.

Be plain to yourself.

One who is going to like you, will always like you, likewise your haters.

Stay close to those who tell you the truth.

Enjoy the love they show and reciprocate.

Forcing yourself on someone isn't nice at all.

Try to be friendly with them and if they don't reciprocate your friendly hand, let them go.

But do well, saying hi to them once in a while to clear your beautiful heart.

Your mindset determines how far you go in life.

Correct it,

Train it and have it right.

Only then does life become more easily understood and enjoyable.

Life is of different phases

Take your time through each phase.

No matter how disturbing and frustrating a phase maybe or seems, it must pass on.

Fall in love with someone who has learnt how to love and appreciates the gift called "friendship".

I would prefer one whose heart has been broken sometimes, healed and willing to fall in love.

They show the best form of love.

They can sense when a problem is forth coming and know how to handle them well.

Ask for an open mind.

Keep their secrets and don't let it out.

You learn extraordinarily well when that mind of yours is opened.

Everyone loves to have a loyal and humble friend around them.

These set of people are scarce.

Possessing such qualities is like gold. It will take you places and get you lots of recommendation.

It all boils down to knowing what they avoid and dislike, helping them keep things that way.

People who let go of odds easily live more happily and longer.

If the matter will cause problems, end it at once.

Forget about it.

Live is more simple when we let evil go.

You're better than they think.

Prove it to them.

Don't let anyone steal your joy.

Without happiness, life got no meaning.

Be on guard.

Make those shifts when necessary.

Change remains constant.

Be a freak of nothing.

Control passion also.

People are always watching.

When nothing freaks you, it becomes difficult to find a bait in trapping you.

You want that discussion to be fun right?

Then do the smart work.

Read their eyes...

Find their interest...

Then invest in it.

Keep still to the eyes.

The eyes remains a mirror that reflects the thoughts of the mind without the consciousness of an individual.

If they're bored with your talks, the eyes gives you a clue.

Read them.

So there's this thing people see in you but you don't see same in yourself.

And there're also things you see in yourself which no one sees in you.

Without much doubt, recognizing self remains the first step to success.

Be guided.

Everything around you and everybody needs your time. Scavengers of your time are close at all time.

If your interest isn't shared, please be greedy with your time.

You can't be used at the expense of your time with your interest ignored.

When peace is coated or iced with joy and happiness...

It's the best feeling in the world and can be gotten when we show some act of kindness from the depth of our heart, no matter how little.

A day without learning something new is wasted.

THANKS FOR READING
(THE END)



